

# How to Support and Defend the United States Constitution:

*For victims of racism (white supremacy)*

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How to Support and Defend the United States Constitution

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## Foreword

This work demonstrates in theory, and in practical applications, the use of thought, speech, and action toward the production of what is called justice. It begins with the premise that under the current supreme political system, people are mistreated and most of the people on the planet are mistreated on the basis of color. The mistreatment of people on the basis of color is carried out in all areas of people activity including Economics, Education, Entertainment, Labor, Law, Politics, Religion, Sex and War. It is, in fact, a SYSTEM of mistreatment.

The biggest obstacle toward the production of justice is the universal SYSTEM of racism (white supremacy), which is a SYSTEM of non-justice. As long as the SYSTEM of racism (white supremacy) exists justice can never exist at any time or in any place in the known universe.

The SYSTEM of racism (white supremacy) is a behavioral SYSTEM, meaning that there is something that a person who is classified as white says and/or does that results, directly or indirectly, in a person who is classified as non-white being harmed and/or not getting the constructive help that they need when they need it. The SYSTEM of racism (white supremacy) was established and is maintained and refined by the smartest and most powerful white people. Non-white people are mistreated on the basis of color, primarily, through the use of words that result in the non-white person being harmed and/or the non-white person not getting the constructive help they need when they need it. This mistreatment by the smartest and most powerful white people against the people THEY classify as non-white (not white) is an act of victimizing the non-white people. Words are used, by the smartest and most powerful white people, to deceive their victims. When the white people who practice racism (white supremacy) cannot use words to deceive the people THEY classify as non-white by keeping them off balance, confused, focused on and in conflict with each other, they come at them directly with violence. Deceit itself is a form of violence. When you are fooling someone, to their detriment, unjustly, that is a form of indirect violence.

This work focuses on strategies and techniques that non-white people can use to aid them in not being harmed and also aid them in getting the constructive help they need when they need it, which works directly against the SYSTEM of racism (white supremacy). This is done primarily

with the use of words that are carefully arranged in such a manner as to get the smartest and most powerful white people to work in favor of the non-white people who are attempting to establish justice. It is a method of using the weight of the SYSTEM of racism (white supremacy) against itself. Something I call Counter-Racism Jiu-Jitsu. It can also be said that this work supports and defends the concept of America by supporting and defending the United States Constitution. Because this work has as its central theme and goal the establishment of justice, as the United States Constitution has as its most essential component, the use of this work as outlined works against the SYSTEM of racism (white supremacy). Even though the focus of this work is on the area of people activity known as Labor, these strategies and techniques can be used in all areas of people activity.

This book is essential for any non-white person interested in learning how to use words as a tool to get a job done. Non-white people usually, because of their training under the SYSTEM of racism (white supremacy), just move words around to make themselves feel better and/or to make others feel better. In some instances, because of how the SYSTEM of racism (white supremacy) works, non-white people generally use words to make other non-white people feel worse. This work provides focus on what words to use, arranged a certain way, to get a certain response whether in speech or in action toward a perceived goal or outcome. The outcome should be to produce a SYSTEM of justice.

This work also demonstrates, in detail, how to arrange and rearrange words, define and re-define words, use words as tools and, in effect, master words. Far too often the non-white people of the known universe, because of their training under the SYSTEM of racism (white supremacy), allow words to master them. Once the non-white person is able to master words, the non-white person will be able to master their thoughts because a person's thoughts are formed initially from words. Once the non-white person can master their thoughts they can master their speech because a person's speech is a product of a person's thoughts. And also, once the non-white person can master their thoughts and their speech they can also master their actions because a person's actions are a product of a person's thoughts and speech.

The intent of this work is to provide the victims of racism (white supremacy), who are non-white people, the ideas, tools and strategies and techniques, which will provide them with methods, clarity, focus, and the purpose to do what The United States Constitution outlines as its purpose, to establish that one elusive thing called justice.

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# Purpose

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To help non-white people in the attempt to use speech and/or action in such a manner that they can use the weight of the SYSTEM of racism (white supremacy) against itself while, at the same time, getting the constructive help they need when they need it without being harmed. In order for this to occur, non-white people must do the following things;

- Seek to gain an understanding of what all words mean in definition and in function.
- Seek to gain an understanding of how words are given meaning by people.
- Seek to gain an understanding of how the use of words causes people to react and/or respond to what is being thought and/or said.
- Seek to gain an understanding of how the behavior of people can be controlled by the use of words.
- Seek to gain an understanding of how to work against the SYSTEM of racism (white supremacy) using thought, speech and/or action.
- Seek to gain understanding of how to use the weight of the SYSTEM of racism (white supremacy) against itself.
- Seek to **always** use speech and/or action **in the process of** guaranteeing that no person is mistreated and also guaranteeing that the person who needs help the most gets the most help.
- Seek to gain understanding of how to master words, and thereby master one's own behavior and in doing so also guide the behavior of other people.
- Seek to, with every thought, with every word spoken, and with every action, to reveal truth in a manner that produces a SYSTEM of justice.

The primary focus and the goal objective of this work is to aid in the production of a SYSTEM of justice, which automatically eliminates the SYSTEM of racism (white supremacy). This work focuses on helping non-white people to understand and how to use strategies and techniques using speech and/or action to work toward producing a SYSTEM of justice and to get the smartest and most powerful white people to help them do it

## THE LOGIC

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The most critical part of understanding how to support and defend the United States Constitution is to understand how THE LOGIC works. Throughout this work you may see these words capitalized, THE LOGIC. When these two words are capitalized, in this work, it simply means “counter-racist logic” or logic that is used to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice.

Logic is simply “*the process for doing something and doing it*”. In other words there is a logical way to do everything. If you look up the word “logic” in a dictionary it may tell you that the definition for the word logic is “*the science or method of reasoning*”. Then you could look up “reasoning” and it may tell you that the definition for the word reasoning is “*the process of forming conclusions, judgments, or inferences from facts or premises*”. Then you could look up the word “science” and the word “method” and get both of their definitions and put them all together and try to make sense of them but in the end you may not understand what it is you are looking at. All it is really talking about is that logic is *the process for doing something and doing it*. Doing something in a logical manner simply means you have an idea of what the result should be and what actions must be performed in order to get that result and you follow a process that includes those actions to see if you get the results you think you should’ve gotten. It is simply referring to “Cause and Effect”. You may not get the results you think you should’ve gotten but that simply means that the actions that you performed did not produce the result you were looking for. This is what logic means in a functional sense. In order for you to get a certain result you have to perform certain actions. **Cause and Effect**. For example, there is a logical way to get from a mountain top in New York to Los Angeles in less than 10 hours. There are many ways to do this in a logical manner. You could go by horse and buggy and reach your destination, but I doubt you would make the 10 hour deadline. Standing on a mountain top in New York you could jump off but I doubt you would land in Los Angeles. The logic for jumping off a mountain in New York will not result in you landing in Los Angeles. You will plummet to the base or foot of that mountain. That’s the way the logic works. If you are standing on a mountain top in New York and want to jump off that mountain and land in Los Angeles in less than 10 hours you will need to find what the logic is for accomplishing your goal. In other words you will have to find

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the process for doing it and proof that is the process for doing it is you actually do it. A person standing on that mountain 200 or 300 years ago may have had this thought and begin to design a method (find the process) for allowing him or her to jump off that mountain top in New York and land in Los Angeles in the specified timeframe. Imagine what kind of conversations this person may have had with other people who are telling him or her that it can never be done during a time when airplanes did not exist. Asking him or her why are they trying to do something that can never be done. All the while he or she is telling them it can be done and they may have come up with a way (the logic) to do it and that they will need a fuselage, wings, an engine, etc. and people are looking at this person like the person has gone mad because the person is using language that they have never heard before or the language is being used in a manner that they have never heard before. After a lot of “trial and error” the person becomes smarter and begins to do things in a scientific manner whereby they do most of their thinking, reasoning and planning in advance so that they **minimize** many of the errors during testing that are the result of the “trial and error” process. The person is now going through the process. This is a very important point to understand. Going through the process of doing something is not the same of actually doing it. Remember the definition of logic? Logic is “*the process of doing something and doing it*”. Other people may say that you do not know what you’re doing or that what you are attempting to do can never be done or they may say any number of things for any number of reasons. But the proof of going through the process is that you actually accomplish what it is that you set out to do. The proof, for example, of going through the process of building a fuselage and an engine and wings and landing gear, etc. and put it all together is that you actually take the product that you have built and use it to jump off that mountain top in New York and land in Los Angeles in less than 10 hours. The “and doing it” part is the part where you actually accomplish what it is that you set out to do. This is the “effect” part of “Cause and Effect”.

While reading this book you may find that many questions are raised, if only raised in your mind. You may ask yourself how is it possible to get people who, in this book, are described as the smartest and most powerful white people, who have at their primary function to classify other people for the purpose of mistreating them and have the people who they classify participate in their own mistreatment, how is it possible to get these smart and powerful people to work in the favor of one of the people they have classified for mistreatment? How is this possible? Seems unfathomable



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doesn't it? Like jumping off a mountain top in New York 300 years ago and landing in Los Angeles in less than 10 hours. Seemed unfathomable at that time I'm sure. This is the most important step in understanding anything. When you ask a question that is the beginning of drawing the answer to you. That is the way the universe works. The people who ask the most questions and come up with the most answers to the questions they ask eventually become the smartest people.

This book focuses on the process for finding THE LOGIC and the use of that logic, using practical applications, for replacing the worldwide SYSTEM of racism (white supremacy) with a universal SYSTEM of justice. The establishment of justice is the essence of what the United States Constitution is all about. The preamble of the United States Constitution points this out:

*We the People of the United States, in Order to form a more perfect Union, **establish Justice**, insure domestic Tranquility, provide for the common defense, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America.*

The bolding on “**establish Justice**” is mine. A person supports the United States Constitution by using it. A person defends the United States Constitution by not allowing anyone else to misuse it. We will cover how to do both at the same time. When we talk about establishing justice we are talking about the definition of justice, which is given in two parts:

### **Justice:**

- (1) *Guaranteeing that no person is mistreated.*
- (2) *Guaranteeing that the person who needs help the most gets the most help.*

According to counter-racist logic, under the current worldwide SYSTEM of racism (white supremacy), no person can currently **guarantee** that no other person is mistreated. Neither can any other person currently **guarantee** that other people receive the constructive help they need when they need it. The SYSTEM of racism (white supremacy) **guarantees** that people will be mistreated, so much so, that people are mistreated on the basis of **color**. The SYSTEM of racism (white supremacy) is a SYSTEM of non-justice or injustice. There is no way to have justice and injustice in the

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same universe at the same time. Martin Luther King Jr. once said in a letter that he wrote from the Birmingham jail May 3, 1963;

*“Injustice anywhere is a threat to justice everywhere. We are caught in an inescapable web of mutuality, tied by a single thread of destiny. What affects some directly affects all indirectly”.*

Having justice and injustice in the same universe at the same time is like urinating in a small corner of a swimming pool. It contaminates the entire pool. Unfortunately what we have now in this universe, among people, is injustice or non-justice.

We will examine the process for establishing justice and I will demonstrate, in example form, how to go through the process. When discussing this process with other people you may experience that others are confused by the way you are using words and may even be confused about the definitions of the words you are using. Just like the person who was going through the process of explaining the logic, 300 years ago, for jumping off the mountain top in New York and landing in Los Angeles in less than 10 hours. The person they were explaining the process to may not have understood the reason to use words in that manner or what the result would be when words were used in that manner. Don't be discouraged. Airplanes fly. You may also be told by other people that you'll never get rid of racism (white supremacy). Just like the person was told, 300 years ago, they would never be able to jump off a mountain top in New York and land in Los Angeles in less than 10 hours. Don't be discouraged. Take your time to think about, talk about, put your plan of action in place and use corrective action when necessary that will allow you to accomplish your goal objective.

This book has examples that will help you to understand the logic of how something works. Just as the aforementioned example about finding the logic, thinking about it, discussing it, putting a plan of action in place and using corrective action when necessary in order to get from a mountain top in New York to Los Angeles in less than 10 hours, this book examines finding THE LOGIC (Counter-Racist Logic), thinking about it, discussing it, putting a plan of action in place and using corrective action when necessary to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice. Coming up with the language for doing so and the process for doing so and exactly what that process entails and how it works. This is what Counter-Racist Logic is all about.

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The method for this work is entitled “Counter-Racism Jiu-Jitsu”. It is critical to understand THE LOGIC of Counter-Racism Jiu-Jitsu. If you do not understand THE LOGIC you will have to consistently seek assistance from others to ask them questions about why something is supposed to work the way that it does or why use this word instead of that one or this action instead of that one or how to do this or that. You should be able to stand on your own two feet and do your own thinking for yourself. This is not meant to be a deterrent to asking questions. You should always ask questions when necessary. In fact question everything. If you have any questions about this method or its strategies or techniques please do not hesitate to go to the Counter-Racism.com website and on the Counter-Racism Work/Study Project (WSP) there is a forum called “Following THE LOGIC”. Under that forum there is a thread entitled “How to Support and Defend the United States Constitution” where you can post your questions there and they will be answered.

There is one critical question that you should always ask at the outset of doing anything and that question is “Why?”. Why is it that you have chosen to read this book or to study this method? The answer to this critical question can only come from you.

## What is a Code?

The codification of constructive behavior by non-white people is the beginning of the end of the SYSTEM of racism (white supremacy). It is also the beginning of the beginning of a worldwide universal SYSTEM of justice.

There are many codes that we practice and/or adhere to on a daily basis. A code is simply “*a way of getting things done*”. Getting things done means two things; something that you say and something that you do. And you want what you say to be said in the **best** way possible, so that no one can say it better. And you want what you do to be done in the **best** way possible, so that no one can do it better. This is difficult to do but it can be done because all day long, as individual people, we are saying and doing.

Counter-Racism Code is best produced by using what is called Counter-Racism Science. We will cover Counter-Racism Code in detail, in terms of how it works, in the next subchapter and we will also cover the method of Counter-Racism Science in a later chapter. Right now we want to focus on what a code is and how it works.

The example we will use is that of a Fire Code. The initial objective of the Fire Code, so I am told, was to ensure that people were not harmed by fire. As buildings began to grow in size and shape the Fire Code had to evolve so that the goal objective of ensuring that people were not harmed by fire also evolved. And whenever the Fire Code was followed but people were still harmed by fire corrective action was taken and the Fire Code was updated in order to prevent people from being harmed by fire.

I have read that there has been an accidental as well as a purposeful misuse of fire that dates back for thousands of years. The development and evolution of what is called the Fire Code has been going on for centuries and it is still evolving even today. Many years ago the basis for today’s Fire Code was established and it has been evolving ever since. The beginning was very rudimentary. Early on, or so I’ve been told, there was something that was said in the event of a fire. Someone yelled FIRE! Early codification always begins with what to say. You have to get the words straight first. After someone yelled FIRE! people would scramble as best they could to get as far away from the fire as possible in order to keep from being burned or otherwise harmed by the fire. People would carry as many of their possessions as possible and help as many people as possible but the primary focus was to keep from being harmed by the fire. In some instances people were running over each other to get away from the heat the fire produced and in the process of doing so they were harming each other. It was very

disorderly. After people had gotten away from the fire then they attempted to put the fire out. People would scramble to find buckets and also find water to put in the buckets to attempt to douse the fire. These are the beginnings of what is now called the Fire Code.

As the number of people on the planet began to grow and living quarters and businesses began to grow as a result, and the effort to localize these establishments took shape it was found, unfortunately through “trial and error”, that a lot of corrective action was required of the Fire Code. Rather than only having something that you say, meaning someone yelling out FIRE! and what ensued was a free-for-all of people rushing out of the building and moving livestock out of buildings frantically, people found out that it worked better when there was something that was said and something that was done to ensure that no person in a building is harmed by fire and also ensures that the people in the building who need help the most get the constructive help that they need when they need it. Sounds a lot like the definition used for justice doesn't it?

**Justice:**

- (1) *Guaranteeing that no person is mistreated.*
- (2) *Guaranteeing that the person who needs help the most gets the most help.*

Also, keep in mind the example that was given about the person who went through the process of finding the logic to jump off the mountain in New York and land in Los Angeles and how they used that logic to accomplish their goal objective. We will be doing the exact same thing in the rest of this book by examining the logic for a code, how to build or develop a code and refine it, how to use it as a Counter-Racism Code, how to test what you think to be true to see if it is true, the importance of the use of words and last but not least how to put what we have learned into practical applications.

In the process of using words, someone presumably, based on the evidence, came up with the idea, in an effort to solve the problem of people literally being killed by attempting to escape a burning building without being harmed, to have a predetermined route outlined for people to use. These routes came to be known as Fire Exit Routes. People began to draw outlines of floors, with the exits, and post those drawings in buildings so that people could use these outlines to exit buildings in an orderly fashion in the event of a fire. At this point it isn't only something that is said but it

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becomes something that is done as well. These drawings outlined which route to take, including which staircase to use to exit the building, where that route or staircase is located in reference to where the drawing is posted, so one and so forth. This proved, **when tested**, to be very helpful in preventing people from being harmed by fire, especially in the more complex larger buildings. People were able to pick out their escape routes, depending on where they are in the building, ahead of time so that they were properly prepared before the building caught on fire. These Fire Exit Routes evolved into the use of Fire Escapes on the outside of buildings and you can still see some of these iron staircases on the outside of buildings today. Fire Escapes work to minimize the number of casualties of people jumping out of windows in buildings with multiple floors and/or people being stranded on the higher floors and unable to escape easily in the event of a fire. This is part of the evolution of Fire Exit Routes, which is part of the evolution of the beginnings of the Fire Code. Corrective action should always be taken toward the goal objective of saying and/or doing something in such a manner that no one can say it or do it better. All problems should be solved in such a manner that they are solved without producing more problems.

As buildings began to evolve, growing further in complexity and in size and shape it was found that Fire Exit Routes worked better when people moved at a certain pace or a slower speed when exiting the buildings in the event of a fire. This prevents people running over each other and harming each other in their attempt to escape a burning building. Later on in the corrective action process it was found that a means of notifying people throughout these more complex, larger and taller buildings would be needed. As such Fire Wardens and Public Announcement (PA) systems were added and used to notify people throughout the building that there was eminent danger.

When there is focus on helping the people who need help the most get the most help, without mistreating anyone, things begin to go down a constructive path. Thinking about this in the event of a fire one begins to think about notifying everyone in the building that there is a fire in the building. When they ask themselves the question of how to notify everyone in the building in the event of a fire they begin to draw the answer to them. Someone came up with the idea, according to the evidence, to appoint people with the responsibility of notifying other people in the building on different floors and/or in different parts of the same floor if there were multiple floors in the building, in the event of an emergency such as a fire in

the building. These people were called Floor Monitors or Fire Wardens. These people were known by everyone on the floor of a building where they were located to be Floor Monitors or Fire Wardens so that there was no question of authority when people are asked to move to a specific area of the building at a specific time and/or exit the building at a specific time. The Fire Warden has the responsibility to know where all of the Emergency Exits are and all of the fire extinguishers and can route people, depending on where they are located in the building, to the nearest safest exit. This proved, **when tested**, to be helpful to people in burning buildings to ensure all of the people in the building were accounted for and notified.

The use of PA systems with Fire Exit Routes, Fire Escapes and people moving at a slower more orderly speed when exiting buildings saved many people who would've been otherwise harmed by fire. It was later found that these parts of the Fire Code could also be used in the event of almost any emergency in the building that required evacuating people from the building in a safe and orderly manner. The term "Fire Exit Route" soon faded away and was replaced with a new term, "Emergency Exit", which encompasses many kinds or types of emergencies.

What is being done here? When you look at it there's the appearance that there is an initial push to get the people who should not be harmed by fire out of harm's way, in the event of a fire. And it is done in a manner where the person who needs help the most gets the most help, without mistreating anyone. We will see more of this as we examine the evolution of codification. It is sounding more and more like people are going through the process of producing justice through codification.

I have read that many times, depending on how much of a building had been consumed by fire, it was more economical to allow the building to burn to the ground and rebuild it rather than put the building's fire out, tearing down the remaining structure or trying to keep part of it during the re-building process. This worked for smaller buildings but once buildings began to be built on a larger scale and the materials used to build them with changed it became necessary to put specific guidelines and mechanisms in place in order to minimize the chances of a building ever catching fire.

Soon buildings had become so tall elevators had to be used to more efficiently carry people and goods from one floor to another. There are buildings even today of more than 6 floors that have no elevators. Although elevators were a great addition to buildings they posed a great threat to people who attempt to escape fire by using them. People literally have been burned to death from the heat or died from smoke inhalation in elevators

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when trying to escape the fire in buildings. While elevators were a great method for transporting people from one floor to another in a building and also helped people in wheelchairs and people with walking canes and/or crutches by providing them with greater access to goods and services throughout buildings, they were a death trap when it came to fires so certain guidelines had to be used for the use of elevators in the event of a fire and those guidelines were also added to the Fire Code. These guidelines included, but were not limited to, special use of elevators by certain personnel who were to verify that the people who should be harmed were moved out of harm's way before they began to put the fire out. These people were generally called Fire Fighters and began as volunteers. Later as cities began to grow and evolve along with buildings and the number of people, city governments took on the responsibility of providing fire fighting services, provided they had the authority to inspect and penalize anyone that wasn't up to Fire Code specifications. There are elevators built today that can withstand fire and the heat that it produces up to a certain degree point. Today stairwells in many buildings use heat resistant and flame resistant coatings in order to minimize and eventually, hopefully, eliminate the possibility of people being harmed by fire. There are also fire extinguishers and water sprinkler systems use to put fires out in buildings of all shapes and sizes. In other words, early codification starts out with people protecting each other and evolves into not only people protecting each other but also people protecting things in order to protect people.

This is the process for building a code. An idea is surfaced that helps to solve a problem, the idea is then formatted and outlined, the idea is then tested, then implemented, the idea is then tested even more, changes are made to the implementation if necessary so that the final product, in this case in the event of a burning building, is to have a code that eventually **guarantees** that no person is mistreated and also **guarantees** that the people who need help the most get the most help. In the case of a Fire Code the objective, of course, is to be able to **guarantee** that no person gets burned by fire or harmed by the effects of the fire. No one can **guarantee** this yet. The Fire Code is still evolving, so much so, that it has evolved from just the use of words to prevent people from being harmed in the event of a fire to what people say and do. The evolution of going down the path of attempting to guarantee that no person is mistreated and also guarantee the person who needs help the most gets the most help is that other people will begin to help to guarantee this. In the example of the Fire Code, the evolution is that eventually other people began to help in the



process of codifying speech and/or action toward the guarantee that no person is harmed by fire.

As more and more people adopt the things that are said and the things that are done to prevent people from being harmed in the event of a fire and to make sure people get the help they need when they need it in the event of a fire, it begins to appear that everyone is using the same speech and action, everywhere, and doing so following a process that ensures that no one can say or do it better. This is the **effect** of codified speech and action. It appears as though everyone following a code got together at some point and agreed to say and/or do things a certain way when in fact they did not have to. When codified speech and/or action is used, and more and more people use it, something happens that is almost like magic. When more and more people begin to follow it and support it, this thing that looks like magic is a thing called logic. People begin to **follow the logic** of guaranteeing that no person is mistreated and also guaranteeing that the person who needs help the most gets the most help. This is also Counter-Racist Logic.

The objective is to only use what works to ensure no person is mistreated and also ensure the people who need help the most get the most help. You'll get the **guarantee** once the code is fully evolved to the point everyone in the known universe uses it and everything in the code that is said is said in such a manner that no one can say it better and everything that is done, according to the code, is done in such a manner that no one can do it better. Until then there are many things that can be done to ensure that no person is mistreated and also ensure the person who needs help the most get the most help. This is the **process** for achieving the **guarantee**. And people are going about the business, **right now**, of walking through the process for achieving the **guarantee** all over the planet, but there are not enough people in large enough numbers involved in the process. Most people do not wait for a consensus from everyone on the planet to agree with what they are doing. People find words that work and they use those words in order to get a certain result. Usually, when non-white people hear the word "unity" or "unify" they think that means everyone has to be marching to the same beat, so to speak, or everyone has to be on the same page and all have the same information. As in everyone has to be standing on the street corner jumping up and down holding a sign that says "No Justice No Peace". In other words, we think there has to be some kind of consensus when we hear those words, which is true. But what we don't know is how to get the consensus and so we go about the business of trying

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to convince each other that what we are saying is the “only truth”. The consensus has to be seen in the result, not the process itself. Not everyone can say the same things in the same manner at the same time all the time. People are not robots. Because of the training of non-white people under the SYSTEM of racism (white supremacy) we never get that consensus. What we don’t understand is that the way to get to the point of the appearance of there being a consensus is to follow a code of thought, speech and action. Many non-white people find themselves in endless arguments with each other about the best way to address and respond to being mistreated on the basis of color and many never get to the point of actually addressing it. So much so, that we have even coined terms or phrases about each other when we think there is a non-white person that does not believe in saying and/or doing things to address and respond to being mistreated on the basis of color the way we address and respond to being mistreated on the basis of color. It is as if we understand that we are supposed to be doing things “together” to address and respond to being mistreated on the basis of color but we have not been able to wrap our minds around **how** we should be doing these things “together”. Once it is realized that each person is an individual person and qualified to respond to being mistreated on the basis of color in whatever manner they see fit, we will begin to understand that in order to unify against the SYSTEM of racism (white supremacy) we have to act as individuals in a united fashion. This is what codification is all about. People that are exiting a burning building and doing so in accordance to a Fire Code appear to be doing what they are doing “together”, even though they may not know each other or talk to each other. They are following a code.

The same process that is used for building a Fire Code holds true for building a Counter-Racism Code. The objective is to ensure, and eventually **guarantee** that no person is mistreated and also **guarantee** that the person who needs help the most gets the most help. Once the Counter-Racism Code is in its fully evolved state you will have the **guarantee**. By ensuring initially, and eventually **guaranteeing**, that no person is mistreated for any reason, you automatically eliminate the possibility of anyone being mistreated on the basis of color. This simply means that you get rid of the SYSTEM of racism (white supremacy) in the process of producing a SYSTEM of justice.

There are many things that can be thought of, said, and/or done to go about the business of ensuring that no person is mistreated and also ensuring that the people who need help the most get the most help, but it

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first must be understood that historical reference presents that every person classified as non-white who has attempted to produce this thing we call justice, has been discredited, harmed in some form or fashion, and even killed. This is critical to understand at the outset. This is serious business and you will see just how serious it is when the white people who practice racism (white supremacy) come to you about what it is you are doing. So, it is best to make sure that you know what you are doing, make sure you have carefully thought out what will be said and what will be done in order to minimize the chances of you being harmed by racism (white supremacy) [mistreated on the basis of color]. It is also extremely important that you have a reason to do what you are doing that, first of all, makes sense to you. Because it is you, first and foremost, that you have to make sense to even before you begin to make sense to anyone else. It is also interesting to note that when you study the past, especially in what is called Black History Month, it is the non-white people who have attempted to produce justice that you study the most. These are the people who stand out. This could mean that this is the thing non-white people are supposed to be focused on doing at all times...dedicating and devoting our lives to...producing justice.

It's not long before the Fire Code is essentially signed into law. People have to build their buildings a certain way, in accordance with the Fire Code or they will be seen as being in violation of law. And a law is only supposed to produce one thing...justice.

I went through all of this to give you an idea of the dynamics of what happens when people attempt to prevent themselves and others from being harmed and they codify their speech and their actions to that end, regardless of the threat. The process of moving the people out of harm's way that should not be harmed, locating and eliminating the harmful threat and figuring out the constructive thing to say and/or do in order to prevent that harmful threat from reoccurring appears to be a natural force in the universe. This natural force cannot be annihilated and even in a worldwide SYSTEM of injustice there is evidence of it. Whether it is a Fire Code or an Electrical Code or a Plumbing Code or any code that is used and the people using that code have the focus of keeping people from being harmed and providing them with the constructive help they need when they need it this natural force takes over. It becomes effortless for people to follow and people have to actually make a conscious effort to work against it. This is difficult to see if you look at the behavior of many of the people on the planet today. The behavior of many of the people today is artificial because we are all part of an artificial SYSTEM. If you look at the behavior of the

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people on the planet today it appears that we mistreat each other effortlessly. If the logic being followed by the people of the known universe is to mistreat each other then eventually that becomes effortless for people to do and people will have to make a conscious effort not to mistreat each other. The effort not to mistreat each other then becomes what is called “second nature” and becomes a part of almost everything that is done where the interaction of people is concerned. And people begin to develop affection for mistreating each other. This is the state of most of the people in the universe today and has been for quite some time.

## What is Counter-Racism Code?

Before we move into what Counter-Racism Code is and how it works I would like to say, only because it is correct to say it, that one of the interesting things about Counter-Racism Code is anyone in the known universe can say that something is Counter-Racism Code and do not have to show any evidence that what is being said and/or done is actually working against the SYSTEM of racism (white supremacy). Why? Because according to the evidence no person has ever produced a SYSTEM of justice, at least according to what is called recorded history. According to Counter-Racist Logic, if Counter-Racism Code works to produce a SYSTEM of justice and we are currently in a worldwide universal SYSTEM of non-justice, no person has proven that they know what it will take to produce a SYSTEM of justice. Once this is understood it will also be understood that there is no need to argue with anyone else as to what is or is not Counter-Racism Code since no person can prove beyond a shadow of doubt that they are in the process of producing a SYSTEM of justice. Therefore non-white people can go about the business of producing Counter-Racism Code, for the purpose of producing a SYSTEM of justice, **as individuals**, without arguing with each other about what is or is not Counter-Racism Code. A code unites **individual people**. This is very important to remember.

Counter-Racism Code is thought, speech and/or action that is used for the purpose of producing a SYSTEM of justice. By “SYSTEM of justice” is meant that no person is mistreated or harmed for any reason and the people who need help the most get the most help in all areas of people activity, including but not limited to Economics, Education, Entertainment, Labor, Law, Politics, Religion, Sex and War. Counter-Racism Code should have the effect of eliminating the SYSTEM of racism (white supremacy) and putting in its place a SYSTEM of justice.

The logic for producing Counter-Racism Code, in short, is to look at things just the way that they are and try to figure out why a thing is the way that it is and then figure out whether it should be doing what it is doing or whether it shouldn't. And if it shouldn't be doing what it is doing come up with a way to stop that thing, that person, that whatever it is from doing what it is doing if it is destructive. Then figure out the constructive thing to do. This is the essence of the Fire Code. Someone or some people decided that people should not be harmed by fire and went about the business of coming up with what to say and what to do in order to guarantee that

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people were no longer harmed by fire. When the Fire Code is fully evolved no person will be harmed by fire. Many codes that we use or adhere to on a daily basis work the same way. The SYSTEM of racism (white supremacy) should not exist among the people of the known universe. People should not be mistreated on the basis of color. People should not be mistreated under any circumstances or for any reason. Many people who believe this are going through the process of building a Counter-Racism Code in much the same manner as the Fire Code was built. They are using speech and/or action that work against the SYSTEM of racism (white supremacy) and works to produce a SYSTEM of justice and they are doing this as individual people on a day-by-day basis. Counter-Racism Code works against the SYSTEM of racism (white supremacy) and is designed to produce a SYSTEM of justice.

In order to get rid of the SYSTEM of racism (white supremacy) you're going to have to figure out how the SYSTEM of racism (white supremacy) works. One of the examples of how the SYSTEM of racism (white supremacy) works is that the white people who practice racism (white supremacy) keep non-white people focused on and in conflict with each other. This is Racist (White Supremacist) Code. This is Racist (White Supremacist) Logic. There is no way a numerically smaller number of people can control a numerically larger number of people without keeping them focused on and in conflict with each other. This is universal law. As long as non-white people are focused on and in conflict with each other it becomes almost impossible for non-white people to think about how to unify. Many non-white people don't even want to think about it. Don't even want to consider if they should be thinking about it. This only means that Racist (White Supremacist) Code is in full effect. Once you understand this you can come up with a way to work against it and **at the same time** walk the path or follow the process or follow THE LOGIC to produce a SYSTEM of justice.

This Racist Logic is in full effect, so much so that non-white people use a term to describe it. We call it "divide and conquer". This is not a descriptive title for what is happening. It is a cliché term. Non-white people use a lot of cliché terms. This term is very vague and unfocused only because non-white people have been trained to be vague and unfocused in their approach to describe "the problem". Non-white people do not talk about how it works. The logical mechanics for keeping people divided in order to conquer them is to keep them focused on and in conflict with each other. What is the effect on non-white people? We comply. Whether it is

the Hutus and Tutsis, Bloods and Crips or one black male and one black female who are interacting with each other, there are mechanisms in place to keep non-white people, at all so-called levels of society, focused on and in conflict with each other. You can even see evidence of it on television where there is a white interviewer and two non-white people. It's not long before the interviewer stops talking a lot and the non-white people are arguing with each other. This is how Racist Code works.

Since Racist Code keeps non-white people focused on and in conflict with each other, Counter-Racist Code compels non-white people to constantly think about, talk in a manner that, and act to minimize conflict with each other. But without talking about how minimizing conflict with each other should be done non-white people will begin using a cliché term that is not descriptive to try to describe it.

There are two basic ways for non-white people to minimize conflict with each other:

- (1) *Minimize conflict by maximizing constructive interaction.*
- (2) *Minimize conflict by minimizing contact.*

<sup>(1)</sup> *Minimize conflict by maximizing constructive interaction.* Non-white people can minimize conflict with each other by maximizing constructive interaction or non-white people can minimize conflict with each other by minimizing contact with each other. To minimize conflict by maximizing constructive interaction simply means that non-white people help each other to solve problems. Because the SYSTEM of racism (white supremacy) is in place worldwide, non-white people have a lot of problems to solve. Remember the focus of the Fire Code? Not only to solve problems, but solve problems without producing more problems. This can easily be done by simply asking other non-white people for help and/or offering help to other non-white people toward the solution of any problem. For example, if you know another non-white person who needs help with getting their automobile repaired because they use it on a daily basis to get back and forth to their job and to do the shopping they need to do daily in order to keep their household going, and you know something about auto repairs, you can go and offer your assistance to help them get their automobile repaired. This is constructive activity and it minimizes conflict. While helping him or her to repair their automobile if the conversation degrades into nitpicking or name-calling or gossiping then it is time to leave because those behaviors raise the level of conflict between non-white people. Or if

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you are the person in need of getting your automobile repaired the best thing to do is to ask someone if they know something about auto repair and can help you to get your automobile repaired. This is how it is done. Non-white people working together in a constructive manner that has a constructive effect helping each other to solve problems and making a conscious effort to stay as far away from non-constructive behavior such as nitpicking or name-calling or gossiping or fighting or killing each other as they possibly can.

<sup>(2)</sup> *Minimize conflict by minimizing contact.* If it turns out that there is no way to keep the interaction constructive then Plan B or the second basic way comes into effect and that is to minimize conflict with each other by minimizing contact. This simply means you avoid contact with that person. You can let the person know that you are going to avoid contact with them until such time as they ask you to help them get something done in a constructive manner that has a constructive effect.

Whether a non-white person decides to minimize conflict by maximizing constructive interaction or minimize conflict by minimizing contact in their interaction with other non-white people they are working against the SYSTEM of racism (white supremacy) on that alone. When non-white people request constructive help from each other and/or offer constructive help to each other, in a SYSTEM that maintained and refined around the concept and the practice of keeping non-white people “focused on and in conflict with each other” the non-white people are not only working against the SYSTEM of racism (white supremacy) but they are going through the process of producing justice. This is Counter-Racist Logic. This is Counter-Racist Code.



## What is Counter-Racism Jiu-Jitsu?

Jiu-Jitsu, simply put, is a way of using your opponent's weight or strength against them. This "martial art" or method does not require the person using it to try to oppose the strength of their opponent. They let their opponent use their strength and their superior position and the person using Jiu-Jitsu uses their **understanding** of how things work in order to get their opponent to ultimately work against themselves. This method requires patience, persistence and above all else, as stated previously, an understanding of what the person is looking at.

The effect, in a SYSTEM of racism (white supremacy), is for the non-white person to get the smartest most powerful white people to help them solve problems, which are most often times the very same problems that the white people who practice racism (white supremacy) made for non-white people. The non-white person uses strategies and techniques that guide, if you will, the racists (white supremacists) speech and/or actions toward using their strength and their superior position and the non-white person uses their understanding. In essence the non-white person is using the weight of the SYSTEM of racism (white supremacy) against itself. We will cover how this is done more in depth in the Practical Applications chapter of this book.

There are many areas of understanding under Counter-Racism Jiu-Jitsu. To list them all would take an enormous amount of time and energy and would complicate learning the method. Non-white people using this method will discover many other areas of understanding. But there are three critical pressure points (areas of understanding) of Counter-Racism Jiu-Jitsu that are necessary to mention, and they are as follows:

- (1) *The white people who practice racism (white supremacy) use deceit as their primary weapon against people THEY SAY are non-white people.*
- (2) *The more refined racists (white supremacists) are phantoms.*
- (3) *The SYSTEM of racism (white supremacy) is a behavioral SYSTEM.*

<sup>(1)</sup> *The white people who practice racism (white supremacy) use deceit as their primary weapon against people THEY SAY are non-white people.* This has the effect of keeping non-white people confused. The white people who practice racism (white supremacy) also use direct violence against non-white people when it best suits their needs. I say direct violence because deceit itself is a form of violence. When you are fooling someone to their detri-

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ment, unjustly, that is a form of indirect violence. It is a key point for the non-white person to understand this and to also understand how this works. Essentially the non-white person using this method will use the weight of the SYSTEM of racism (white supremacy) against itself by turning the deception on itself. This essentially happens anytime truth is revealed. The non-white person using this method reveals truth in a manner that promotes justice and uses the United States Constitution, which is a document that is also known as the “law of the land” that supports the establishment of justice, to help them do it.

Words are used as a tool by the white people who practice racism (white supremacy) to keep non-white people confused because it is the most economical tool to use. Direct violence is very costly to use. It costs hundreds of millions of dollars to wage a war in such a manner that deception is kept at a high level and the revelation of truth is kept to a minimum. One of the more recent examples is the war in Iraq. There were no weapons of mass destruction there. The war in Iraq has cost billions of dollars. But to get non-white people to use a term like “divide and conquer” will hardly cost a hundred dollars. All you have to do is get a few white people to use the term in talking about the atrocities that have taken place against non-white people and the non-white people will pick the term right up and start using it without being able to wrap their mind around how it works. In fact the non-white people will use the term so much they will think they invented the term.

The non-white person that uses Counter-Racism Jiu-Jitsu must have an understanding of how words work in the minds of people. We will cover this in detail in the chapter on Using Words Correctly. The non-white person using Counter-Racism Jiu-Jitsu will use words to reveal truth in a manner that promotes justice so that the words provide clarity. The non-white person using this method will find that it may be necessary to change the definition of some words so that when the words are used they point everyone in the conversation down the path of producing justice.

This pressure point cannot be overstated. It is critical to understand the logic of a code and how it works and also understand Counter-Racism Logic (THE LOGIC), what it is and how it works, in order to have a deep understanding of how to use Counter-Racism Jiu-Jitsu. By using this method you end up turning the deceit on itself and defining and re-defining words or terms so that when they are used they help to promote justice is part of the process. This is what some Jiu-Jitsu Masters refer to as “embracing or deflecting the force.” They rationalize that everything has a force and

that one of the goals of Jiu-Jitsu is to either “embrace” the force or “deflect” the force of your opponent but never to oppose the force. They rationalize, quite correctly I might add, that there is really no way to oppose a force. In some regard there is always transference of energy. In other words there is never a time where an “unstoppable force” meets an “immovable object”. That doesn’t exist anywhere in the known universe.

The non-white people who use this method may get the white people who practice racism (white supremacy) to help them but that doesn’t mean they will help all non-white people. This is one of the reasons I am writing this book. I have found that by using this method the smartest most powerful white people help me but then they may fire other non-white people. That is not the way things are supposed to be. That is also not to say that this method is the cause of other non-white people being fired from their job since the white people who fired them could’ve fired them at anytime. They are in the position to do that at a time and place of their own choosing. So it is critical to get a substantial number of non-white people to use methods such as this. Hopefully this book can help accomplish that goal. This pressure point goes hand-in-hand with the second pressure point. There is almost no way to separate the two.

*(2) The white people who practice racism (white supremacy) are phantoms.*

The SYSTEM of racism (white supremacy) goes through 4 stages;

- (1) Establishment (getting it started)*
- (2) Maintenance (keeping it going)*
- (3) Expansion (people are born daily and they have to be trained to function as part of the SYSTEM so it is constantly expanding)*
- (4) Refinement (to make sure the majority of the victims of racism white supremacy do not know that they are victims)*

Under the refinement of racism (white supremacy) it is difficult to find any white people who admit to being a racist (white supremacist). The white people who do admit to being a racist (white supremacist) or have direct open and very public displays of practicing racism (white supremacy) are less refined<sup>(4)</sup> in their approach to mistreat people on the basis of color. The more refined approach is to get non-white people to focus on and remain in constant conflict with each other. This way in a non-white person’s mind the white people who practice racism (white supremacy) are not “the problem”. Some non-white people have even said that racism (white supremacy) no longer exists now that there is a black president in office.

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And the non-white people who say this are qualified to say it. They owe it to themselves to analyze and respond to being mistreated on the basis of color in whatever manner and through whatever means they see fit and at any time they see fit to do so. This should be the position of any non-white person who is looking to minimize conflict with other non-white people.

You may never be able to come across a white person who says that they are one of the smartest most powerful white people and they are the head of all non-just activities all over the universe. But this method is **not** to be used to help you find them. If non-white people understand the 4 stages of racism (white supremacy) they will understand that the SYSTEM is very dynamic. They will understand that it is **not** simply one white person running the program. There are many white people involved on “many levels of society” all over the globe that are saying and doing what it takes to keep the SYSTEM of racism (white supremacy) running. So finding that one elusive white person that is running the entire operation is not going to happen. This is important in terms of understanding that in the SYSTEM of racism (white supremacy) every white person has to be able to decide for themselves when to mistreat someone on the basis of color and when not to. They have to be able to decide at a time and place of their own choosing. Otherwise the deception would fall apart.

Understanding of this pressure point and how it works allows the non-white person to understand what is happening while it is happening. It allows non-white people to get as many white people involved who are able to help them solve problems without upsetting whatever “chain of command” white people have put in place for themselves. It allows non-white people to understand that when using this method it is always in the minds of the white people involved that there is possibly another white person down the line or “up the chain” who could always say that the white person you were talking to did something incorrectly and that they will be punished for it and they actually do something to bring that white person under immediate duress. That is part of the deception we talked about in the first pressure point. You turn the deceit on itself by **understanding** that you will never find the smartest most powerful white people because they are phantoms and they are phantoms because they are extremely deceptive. This method is not to be used to seek out all of the smartest most powerful white people on the planet. Stay focused on the deception and how it works and how to turn it on itself. The effect of the deceit is that non-white people are not even supposed to think that there is a SYSTEM of racism (white supremacy). So the non-white person doesn't walk in and begin to debate

white people about the existence of the SYSTEM of racism (white supremacy) or name-call white people as being racists (white supremacists). That would be attempting to “oppose the force”. The non-white person who uses this method understands that the SYSTEM of racism (white supremacy) does exist and they use that **understanding** and their speech and action in such a manner that the white people, in effect, will have the understanding that they have a choice to make; they can either solve the problem at their level or that the non-white person will not stop until the problem gets solved, even if it means getting all of the white people involved on a global level that need to be involved in order to get the problem solved. If the non-white person is not willing to go all the way the smartest most powerful white people will understand that by the words they use and will see that in their actions.

Of course, the objective of this method is not for non-white people to seek to get white people harmed by each other because no person should be mistreated in the process of producing justice. This is critical to understand. Stay focused on THE LOGIC and the method and what it is supposed to produce. Never subvert “due process” trying to get “due process”. The smartest most powerful white people understand this and they understand if they don’t keep everything in order and according to “due process” that they are digging a deeper hole for themselves. Some white people may not understand this initially but as they are walked through the process it will become painfully evident.

Since the smartest most powerful white people are phantoms, meaning you can never find them because they are extremely deceptive; you can use that to your advantage by always including a white person higher in the “chain of command” to help you get things done. This is connected to the first pressure point of turning the deceit on itself. The white people involved may feel pressured to “say the correct thing” and/or “do the correct thing” unless they are less refined. And as we have already established, the more refined racists (white supremacists) are smarter and more powerful than the racists (white supremacists) who are less refined. For example, the less refined racists (white supremacists) have to get approval from the more refined racists (white supremacists) before they can jump up and down and scream and shout in the streets about the fact that they are white people. And it is the more refined racists (white supremacists) that go to these demonstrations in the streets shout out against the less refined racists (white supremacists). It is the less refined racists (white supremacists) who are “waking up” many of the non-white people to the fact that racism (white

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supremacy) still exists. The more refined racists (white supremacists) don't want the non-white people to be aware that they are being mistreated on the basis of color. The more refined racists (white supremacists) want their subject people (non-white people) to feel good about how things are going. They want them to shout down and argue with other non-white people, who may be "waking up", so that non-white people are focused on and in conflict with each other endlessly.

The pressure to "say the correct thing" and/or "do the correct thing" is part of what drives the smartest most powerful white people to help the non-white people. This pressure comes from the perceived threat of being harmed by the most refined racists (white supremacists) and also comes from the thought of having the deceit revealed as truth. The practice of deceit as the primary weapon in the SYSTEM of racism (white supremacy) is also part of what drives them to do it. They don't want anyone to pull the deceit off the entire operation. A deceptive person does not want anyone to know what they are doing that is deceptive. So they practically have to, at some point if the non-white person effectively shows that they are willing to go all the way, make a decision; is it better to continue to mistreat this person on the basis of color or is it better to help this one non-white person this time and keep the deceit going overall. The non-white person is only using their **understanding** of how this works and fashioning their speech and their actions in such a way that the smartest most powerful white people come to this crossroads as quickly as possible. The faster non-white people can get the smartest most powerful white people to this conclusion is the measuring stick for efficiency in the of this method.

The entire global operation of racism (white supremacy) depends on keeping non-white people confused by the use of deceit, and therefore the logical thing for the smartest most powerful white people to do is to help the non-white person with the problem they are experiencing. In all businesses there are profits and losses. The idea is to minimize the losses and maximize the profits. The SYSTEM of racism (white supremacy) is a business that profits the more non-white people are confused.

<sup>(3)</sup> *The SYSTEM of racism (white supremacy) is a behavioral SYSTEM.* There are things that are said and/or done by white people and non-white people that keep this SYSTEM going. Non-white people may not want to hear this but it is true and using this method will demonstrate to you just how true it is. In countering any system that functions and is held together using deceit, in order to put that system out of business, you are going to have to start with the truth.

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I have helped people through this process and they describe some of these learning situations as “bizarre”. Some of these descriptions are that white people are the ones jumping up and down raising their voices, shouting and screaming; pounding their fists on the desks and tables of conference rooms and even in some cases resorting to name-calling non-white people. Usually it is the non-white people who act in an erratic and/or irrational manner, walking out of meetings or raising their voice or jumping up and down making demands that they don’t have the muscle to back up, while the white people are composed and calm and thinking and calculating. White people know how to handle non-white people. When non-white people jump up and down and scream and shout and make wild accusations white people know how to handle them. White people know exactly what to say to get non-white people to act in that manner and when non-white people act as such they know exactly what to do. But when non-white people begin to think and act in a calculating logic manner it is almost like an allergic reaction to many white people. If you are unfortunate enough to witness this first hand **do not be alarmed**.

When using Counter-Racism Jiu-Jitsu non-white people have to change their behavior in order to get the desired result. No more raising your voice or screaming and shouting making wild accusations or interrupting people when they speak or crying or laughing and joking or any of the number of behaviors that are associated with non-white people. The use of this method requires non-white people to be calm at all times and use as monotone a voice as possible at all times. The white people who practice racism (white supremacy) frequently accuse non-white people of being aggressive and irrational and with good reason because the white people who practice racism (white supremacy) know exactly what to say and do to get non-white people to react in an aggressive and irrational manner. So when non-white people begin to keep their composure and speak in such a way that they cannot be accused of shouting or raising their voice many non-white people begin to experience how uneasy and frustrated the white people who practice racism (white supremacy) become because all of the things they usually say and/or do to get non-white people to act in a confused state is not working. Getting white people to act in an erratic or irrational manner is not one of the goals of using this method. It is an unfortunate occurrence that only takes place because the SYSTEM of racism (white supremacy) exists. The example that I gave above is only one example of what non-white people may experience when using this method.

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There is a list of things non-white people will have to say and/or do when using this method if they want to be effective using it, and some of the major behaviors on that list are as follows:

- (1) *Ask questions.*
- (2) *Never raise your voice.*
- (3) *Always speak in a monotone voice and be clearly heard.*
- (4) *Always look people in their eyes when you are talking to them and when they are talking to you.*
- (5) *Always be polite.*
- (6) *Always be courteous.*
- (7) *Always bring copies of the United States Constitution with you.*
- (8) *Always listen carefully to what is being said.*
- (9) *Never interrupt anyone when they are speaking.*

Many of the items on the list are self-explanatory but the first one on the list, “ask questions”, must be clarified.

Usually non-white people make more statements than ask questions. Non-white people have been trained, under the SYSTEM of racism (white supremacy), not to ask questions. When people are born they are extremely inquisitive. Always asking questions about why something is the way that it is and always trying to find out how something works. The longer people are on the planet they begin to ask fewer and fewer questions. This has a huge impact on how non-white people develop an understanding of how things work, what it is that they focus on and how they interact with each other. So not only asking questions will do because you don’t want to end up asking questions for the sake of asking questions. You will have to ask questions that reveal truth in a manner that promotes justice.

One example of how to do this is; I was on the job once and there was a non-white female that worked there as well and had some of the same job duties. Our manager was a white female. The non-white female was very crass in her daily activities. She would talk to people using language that was inappropriate in that environment. Saying things that shouldn’t be said and even doing things in a very unprofessional manner. I attempted to discuss this with her and she cursed me out on the job. I never tried that again. Understanding what I do helps me to understand that this is the way that she responds to being a victim of racism (white supremacy). In fact I expected the reaction she gave me before she said what she said. Because of my understanding of how things work I didn’t lash out at her because she



was lashing out at me. That is one of the values of Counter-Racism Code. I didn't become frustrated and take it personal that she didn't listen to what I was explaining to her and get the feeling that I couldn't wait to "turn her in". No, Counter-Racism Code works against racism (white supremacy). I understood that as a victim of racism (white supremacy) she is qualified to say and do whatever she thinks is necessary in her reaction to being mistreated on the basis of color. The two of us fighting each other only helps the smartest most powerful white people. One day our manager called me into the office and asked me what I thought about her. Our manager stated that she received many complaints about the non-white female and wanted to know what my assessment was of her. I sat for about ten seconds in an upright position (not slouching) looking her right in the eyes as she spoke to me waiting for her to finish. Once she finished I kept looking her in her eyes and asked her one question; "What problem are we trying to solve?". She looked at me for what seemed to be two or three minutes and began to ask me the status of a few projects I had at the time. I gave her the status and she thanked me and I left the office. That's how it works. Presumably she didn't need my help to solve any problem as it related to another non-white person, especially firing her. This happens all the time and non-white people will "bite the bait" and that situation will turn into non-white people fighting each other because that is where it was headed anyway. The person in charge of that situation, our manager, attempted to turn it into that type of situation and I used my knowledge of how things work to neutralize that behavior.

The constructive use of asking questions cannot be overstated. Asking questions so that confusion and conflict are minimized, in a SYSTEM that is maintained and refined around the concept and the practice of keeping non-white people confused, and focused on and in conflict with each other, is one way to work against the SYSTEM of racism (white supremacy). When you encounter a person who appears to have a problem there is nothing better, to that person, than letting them know you are willing to help them solve whatever problem they are experiencing. That one question did just that. The question not only derailed whatever conflict could've come from the discussion with our manager by me perhaps talking about all of the problems I had with the non-white female but it also gave focus to my manager that I was willing to help solve any problem in a constructive manner as long as doing so results in a constructive outcome. The way it usually goes is non-white people are called in and asked these kinds of questions just as I was and if I would've "spilled the beans" about

## THE LOGIC

the non-white female and all of the problems I have had with her in the past our manager may have called her in next and told her some of the things I said and also told her that because of my report and the report of others she was going to have to be let go. That's one of the ways that non-white people are kept in total conflict with each other. Solving problems without producing more problems, which is essential to Counter-Racism Jiu-Jitsu, is the focus non-white people must have and it will require altering their behavior so that their thinking, speaking and their actions become composed, calm, logical, calculated, scientific and points them down a path to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice.

These three pressure points, along with many others, help provide non-white people with an **understanding** of what they see when they look at it and also helps non-white people to be better focused in their studies, research and their experiments when using Counter-Racism Jiu-Jitsu.

## Counter-Racism Science

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Science is knowledge that is gained in a systematic methodical manner through observation and experimentation. This knowledge, or understanding, is gained through a process, a systematic methodical process, which uses a tool called the “scientific method”. In other words, the “scientific method” is a tool that can be used to test to see if what you think is happening is actually taking place. Or as I frequently put it, “science is a way to help you know that you know”. We will not cover the “scientific method” in detail in this book. There is much information on the Internet and in libraries that can easily be obtained that will explain, in detail, what the “scientific method” is, how it works and how to use it in an efficient manner.

Counter-Racism Science is a process for understanding how the SYSTEM of racism (white supremacy) works and how to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice. The use of the “scientific method” can be instrumental in the production of Counter-Racism Code if you want to minimize mistakes.

When a non-white person makes the decision to go down the path of producing justice they will find that many of the things they have been taught, in a general sense, are simply not true. For many non-white people this is a devastating discovery. So much so that many non-white people will forego going down the path of producing justice because it is easier to go along with what is already in place. That coupled with their entire belief system being rooted in what is already in place and the fact that they have become comfortable with what is already in place. What is already in place is the SYSTEM of racism (white supremacy), which is designed to keep non-white people confused. Essentially, many non-white people have become comfortable with being confused. So when a non-white person decides to go down the path of producing a SYSTEM of justice they may draw conclusions about what it is they are looking at and their conclusions may be incorrect because of what they have been taught. It then becomes necessary for non-white people to have a way that allows them to test the conclusions that they draw, in an objective manner, about how something works so that they have clarity about what it is that they see when they are looking at it.

In order for someone to understand what they are looking at that person is going to have to start with the truth. It's like reading a map. The first thing a person does when reading a map is to find out where they are on the map. This is the reason you will see maps where it stands out in big bold letters where it says **"You Are Here"**. That's the starting point. Secondly the person needs to find out where it is that they want or need to be (destination). And the third thing the person finds out is the "most logical" path to get them from where they are to where they want or need to be. Counter-Racism Science is used to help non-white people get from where they are, which is in a worldwide SYSTEM of racism (white supremacy), to a worldwide SYSTEM of justice and helps them to do it in the "most logical" manner. Non-white people are never going to produce a worldwide SYSTEM where it is guaranteed that no person is mistreated and also guaranteed that the person who needs help the most gets the most help if they don't first start by telling themselves the truth about where they are. This is critical. If you are in New York you'll never be able to find out the "most logical" path to get from New York to Los Angeles if you do not tell yourself the truth about where you are. This is part of the "understanding" that Counter-Racism Jiu-Jitsu requires. Once you are able to tell yourself the truth about where you are and find where it is that you want or need to be only then can you find "most logical" path to get to where you want to be.

This leads to one question once the non-white person becomes interested in and decides to get involved in producing justice;

*What is the best way to test that which is suspected to be true to see if it is true?*

In order to produce justice you are going to have to start with the truth. The white people who practice racism (white supremacy) use falsehood to maintain, expand, and refine this universal SYSTEM of non-justice and they get non-white people to help them. The racists (white supremacists) don't want their victims to tell themselves the truth about where their position. They want non-white people to feel good about where they are. A happy slave is not thinking about or talking about or doing anything to keep from being a slave. Testing everything to see if what you suspect to be true is true is the only way to determine if you understand what you are looking at.

There are two basic ways to test if whether what you suspect is true is actually true:

(1) *"Trial and Error"*

(2) *The “Scientific Method”*

These are not only limited to testing what you suspect to be true to see if it is true but can also be used to test if something that is done should be done and also test to see if what is said and/or done is said and/or done in the best possible way. In essence these two strategies can be used to solve problems without producing more problems.

<sup>(1)</sup> *Trial and Error.* Initially I began to test what was said and/or done using what is called “trial and error” in a manner where I used speech and/or action that I had concluded would work or that someone else told me would work. When someone gave me information where that they said would work in the process of producing justice, and they made it sound like it would work and/or that information came from a person who was considered to be a “reputable person”, I would try it out. A lot of time went by because I was waiting for a situation to arise where I could use whatever speech or action I had been told that would work. The situation or circumstance may never arise. When some of the situations did arise and I used whatever speech and/or action that I was told would work I noticed something; I found that I didn’t have any insight into why I was saying it and what the long term effects of saying it would be. This was a revelation for me and at the same time a glaring contradiction, since I immediately thought about calling that person up to ask them what to say next. I had to stop and think. The person also asked some very interesting questions about **why** I needed to know this very specific information and I could not respond with a logical explanation. My behavior had become scripted. As soon as one thing in that script got out of place I lost my way. Your behavior becoming “scripted” is not necessarily incorrect behavior as long as you can follow the logic of what you are doing and why you are doing it and what the result of doing what you are doing is supposed to produce. As long as a person is saying things and/or doing things in the best possible way having a script of what to say and/or what to do is the way to go. I clearly had not reached that point. Any person can say something because someone else said to say it but there’s no way to list all of the things that could be said or done in response to it. Or list all of the things that should be said or done in response to that. This shouldn’t be a deterrent to receiving “good advice” and acting on it but at some point non-white people have to understand that you have to be able to stand on your own two feet and problem solve. People are dynamic and thusly many situations or circumstances are dynamic. There is no way to contact people each time to ask them what you

should say or what you should do in every situation you find yourself in on a daily basis for the rest of your existence. Non-white people have to be able to stand on their own two feet, **as individuals**, and observe and experiment for themselves if they are ever going to find their way out of this mess. If that situation arises and I am able to say something because someone said it would work I can definitely test to see if what the person said works in the way they said it would work but that is as far as I can take it using the “trial and error” approach. Or I can conclude that something should work on the spur of the moment and say it or do it but without an understanding of what I was looking at I made many mistakes. This approach will work for many people because many people don’t want to do very much thinking anyway. But there are a growing number of people on the planet who want to learn how to follow the logic that the person that is handing out solutions is following, rather than only being the person the solution is handed to.

What it really boils down to is by using the “trial and error” approach I didn’t have to do a lot of thinking and reasoning upfront. I didn’t have to take time to make observations. I didn’t have to tell myself the truth because if someone told me something would work and it didn’t it was their fault, not mine. I didn’t have to consider if it was said in the best possible way nor did I have to consider if refining what was being said and/or done was necessary. This was something I could work with at the time because I was lazy. I didn’t want to do all that thinking anyway. As long as I said what someone else said would work, at the time and place they said it should be said, and it didn’t make me uncomfortable to say it, I was OK with it. I used how I felt saying it as a barometer for whether or not what was said worked for me, as a lot of non-white people do. This is shallow thinking, stingy thinking, and/or niggerized thinking. I also found that by using this approach I became dependent on other people to do my thinking for me because when I needed help in a different situation I went looking for the person who gave me my last solution. This is the worst thing that could happen because it leaves me vulnerable not knowing what to do next or why to do it without consulting someone else. I became more and more dependent on other people telling me what I was looking at and most often times what the person was telling me, when tested, turned out to be incorrect. I also used the “trial and error” approach when I found myself in a situation where I didn’t really know what to say so I would say something to see if I could get the other person to stop talking. If I got the other person to stop talking I considered what I said at the time to be the correct thing to say. Once I really began to evaluate and experiment with words, making obser-

variations of people interactions, it didn't take long before I understood that this was not only incorrect behavior, if I was going to produce a SYSTEM of justice, this was also something I had been trained to do by others around me and that I had been doing it most of my existence. Using words haphazardly by moving words around to get other people to stop talking and/or to make myself feel good was something I had grown to be used to doing. This approach will not work to send a space shuttle to the moon. I recognized I had to learn to use words as tools to get a job done.

<sup>(2)</sup> *The "Scientific Method"*. The use of the "scientific method" in Counter-Racism Science was the beginning, for me, of a deepening of the understanding of how the mind works with regard to words. The use of words is the key to get things done. When attempting to get anything done you have to get the words straight first. The person on that mountain top in New York 300 years ago who was trying to jump off that mountain and land in Los Angeles in 10 hours understood that, especially when they began to explain their concept to other people. And people are controlled to a large degree with how words are used. Even in the mind of an individual person the use of words can provide clarity or confusion. Many times non-white people confuse themselves because of the way they use words. We will cover this more in the Using Words Correctly chapter of this book.

One of the glaring differences in using the "scientific method" as opposed to using "trial and error" is the amount of time and energy spent giving careful thought and consideration to the experiment. Another major difference was the methodical way that the process is laid out. Logic is a huge part of the "scientific method" and can be seen in the process of logical thought when devising and running an experiment using the "scientific method". Because this method requires a lot of thinking upfront it is best used for those who are serious about replacing the SYSTEM of racism (white supremacy) with a SYSTEM of justice. Testing everything as an individual person is also critical. Once a non-white person begins to go down the path of producing justice they will find that doing things in a constructive manner so that it has a constructive outcome is part of that process. They will also find that because that is true self improvement is a large part of that process. And they will also find that because those two things are true they will become driven to do things in a better more efficient manner.

The "scientific method" is laid out in such a way that the thoughts of the person goes through a progression of sorts; from the Hypothesis to what is considered to be the Scientific Conclusion one has to think their way

through the experiment in a logical manner before the experiment is run. One could say that the experiment is run first in the mind when using the “scientific method”. Unlike “Trial and Error” where very little thought is given, beforehand, to what the conclusion is going to be. This is in the process of testing everything that is said and also testing everything that is done to see if what is said and/or done will lead to the production of justice. There are many people who say that what they are saying and/or doing is working against the SYSTEM of racism (white supremacy) and toward the production of a SYSTEM of justice. What they are saying could be true, even though it may appear immediately to be false. You’ll find a lot of people will just say things and have other people believe what they say, without any supporting evidence. And people are so willing to believe what others say as long as it doesn’t remove them from their comfort zone or comfort level, it is in line with what they think is true and/or it is in line with what they have learned will happen “one day”. This is the primary reason it is extremely important to **test everything!** When you begin to test things to see if they are what you suspect to be it is always a good idea to keep in mind that the only person you will have to prove it to is **you**. Test everything people say to determine if it is true and can be used by **you** toward the production of justice. Test everything that people do to determine if it can be used by **you** toward the production of justice. Especially test what you read in this book and any other book. If anyone makes a claim that anything is a certain way and you suspect that what the person is saying could be true and it could be something **you** can use toward the production of a SYSTEM of justice, test it for yourself if you find it necessary to do so.

In my quest to find the most efficient and economical method to test everything, in a logical manner, to see if what is being said and/or done will lead to the production of justice, I began to notice that the practice of racism (white supremacy) is carried out in a very scientific and logical manner. I began to notice how structured the SYSTEM of racism (white supremacy) is and that there are patterns of thought, speech, and action that are used by people who classify themselves as white and that these patterns of thought, speech, and action are systematic, meaning they are acted out in a collection or SYSTEM of areas of people activity including economics, education, entertainment, labor, law, politics, religion, sex, and war. I had heard this said before by Neely Fuller Jr. and read it in his book entitled *The United Independent Compensatory Code/System/Concept* but I had no idea of the depth of this SYSTEM. After thinking about it, and it really takes some thought, what I realized is that these patterns of thought, speech,



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and/or action used by the people who classify themselves as white who were mistreating people on the basis of color that is being practiced in all areas of people activity is actually a code, a Racist Code. The Racist Code that is used by the white people who practice racism (white supremacy) is the result of their scientific study and practice of the interaction of people. Figuring out what will work and what will not work according to their ultimate objective. Not only were the smartest most powerful white people running Racism Science experiments, I found that I was part of their experiments. Writing and running Counter-Racism Science experiments helped me to understand the dynamics of how the SYSTEM of racism (white supremacy) is put together, how it is maintained, how it expands and how it is refined and also how I participate in helping the white people who practice racism (white supremacy) keep me under their control. I found that a lot of the things I was doing at the time that I thought were working against the white people who practice racism (white supremacy) were actually working to help them.

Non-white people usually never test out anything in reference to counter-racism among white people. We usually spend most of our time and energy arguing among each other and the white people who practice racism (white supremacy) know this. They know we mostly pay attention to each other. They trained us to do this. The white people who practice racism (white supremacy) keep all of their arrows pointing at us and all of our arrows pointing at each other. It helps the white people who practice racism (white supremacy) run a more efficient machine. This, in part, is how the Racist Code functions. It is very codified and scientific manner and functions in all areas of people activity 24/7/365 days a year.

Initially these were just suspicions so I began to test these suspicions using the “scientific method”. Since racism (white supremacy) appeared to be acted out in a scientific manner, I read up on what is called the “scientific method” on the Internet to learn all I could about it. After reading a lot of material and doing a lot of thinking I decided there were only two basic reasons for running Counter-Racism Science experiments that would make any sense at all;

*(1) To find out how the SYSTEM of racism (white supremacy) functions in all areas of people activity including economics, education, entertainment, labor, law, politics, religion, sex, and war.*

## Counter-Racism Science

*(2) To find out how to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice in all areas of people activity including economics, education, entertainment, labor, law, politics, religion, sex, and war.*

<sup>(1)</sup> The only reason to run Counter-Racism Science experiments to find out how the SYSTEM of racism (white supremacy) works is to use that information to run experiments to find out how to get rid of the SYSTEM of racism (white supremacy).

<sup>(2)</sup> The second method, of course, is basically a method for solving problems without producing more problems. It is derived from the premise that the problem of the mistreatment of people on the basis of color (racism white supremacy) should be solved before or in the process of solving all other problems. This premise provides the focus necessary to carry out the objective. I decided to start by testing how the SYSTEM of racism (white supremacy) works. I heard a lot of information about the speech and/or action of the non-white people as a result of being subject to the SYSTEM of racism (white supremacy) and a lot of information about the fears of white people and also a little about what non-white people can do to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice but what I did not have was someone who connected the dots. By connecting the dots I mean to have someone lay it out specifically in the following manner;

- 1) What the white people who practice racism (white supremacy) are doing against people THEY SAY are not white (non-white)*
- 2) How non-white people behave (speech and action) as a result of being mistreated on the basis of color (racism white supremacy)*
- 3) What non-white people can say and/or do to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice.*

Since I could not find anyone who explained THE LOGIC in this manner I began to do it. I found that laying it out in this manner made it easy for me to follow and also made it easy for other non-white people to follow. Such as in laying out the logical mechanics for “divide and conquer” as explained on pages 24/25 of this book.

When non-white people decide to walk the path of producing justice they will find themselves on a collision course with the smartest most powerful white people. The white people who practice racism (white supremacy) are content with the maintenance, expansion, and refinement of

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this current supreme political SYSTEM of non-justice. But there is a reason that the non-white people who are studied the most are the people who have tried to produce justice. It is because that is what non-white people are supposed to be doing.

## Test Everything!

Once I got over the initial trauma of realizing that most of what I had been taught was incorrect, which didn't take very long, I decided to set out to find out what is true. I found a distinct parallel between that which is true and understanding what I'm looking at and how what I'm looking at is connected with everything else. In other words, I found that if I don't understand what I'm looking at it simply means I don't understand the truth about it. And if I don't understand the truth about something I'm not going to understand what I'm looking at. These two things are not different. So I had to come up with a definition of truth that made sense. The definition that I found, and tested, that works best is that truth is "that which is". If truth is that which is and truth is essential in order to understand what I'm looking at then it all makes sense. Of course that would mean that falsehood is "that which is not". The white people who practice racism (white supremacy) get their victims, which are non-white people, to use falsehood in order for their victims to attempt to understand what they are looking at. There is no way this could ever work and is primarily the reason why non-white people are so confused about what they're looking at. So much so that non-white people walk around asking each other "what's happening" or some derivation of it such as "what's up" or "what up" or "what's good" or "what up son" or some deviation in terms of the words that they use but the central theme is always the same...confusion. You'll never understand what you're looking at unless you know the truth about "what's happening" and you'll never be able to understand how things are connected. And testing everything is critical in order to make sure that what you suspect to be true is true. Counter-Racism Jiu-Jitsu requires that its users have an understanding of not only what it is that they see when they are looking at it but also how to use what they are looking at to produce a situation where no person is mistreated and also the person who needs help the most gets the most help.

The first Counter-Racism Science experiment I ran was one where I asked people if they were "white" and recorded their response. I ran this experiment for a year and a half asking people the simple question of "Are you white" and I still run it in some regard all the time. While running the experiment I modified found it necessary to modify the question slightly to ask instead "Are you a white person". This was a more personable question and resulted in a more personable response. It also stems from the perspec-

tive that we are all people and that the “white” and “non-white” functional designations are artificial. Many of the Counter-Racism Science experiments that I have run that involve white people start with that one question. I received hundreds of responses from hundreds of people all over the planet, from what is called Mexico, to Namibia, to South Africa, to Canada and in many different parts of what is called the United States. To include all of the supporting data from that or any other Counter-Racism Science experiment in this book would entail writing another couple of volumes of books under the same name. I neither have the time nor the energy to do that at this time. Perhaps in the future I’ll produce books with all of the raw data of the Counter-Racism Science experiments I’ve run, the expected results, the scientific conclusion, how it was applied, all of the re-testing that was done, if any, to refine the Counter-Racism Science experiments and all of the Counter-Racism Code that was produced as a result but right now it is not feasible to do so in this book.

What I found out, in a nutshell, from that particular experiment was that wherever a white person goes on the planet they are still a white person, while non-white people take on different titles and even append previous titles to newly given titles depending on where they are on the planet and what is happening where they are on the planet. In other words, white people give pretty much the same responses wherever they happen to be located on the planet. I received the same responses from white people in the United States that I received from white people in parts of Africa who don’t know each other and who have never traveled abroad. I was astounded by this initially but as I continued to run this experiment I realized that the responses to this experiment were part of a code, a Racist Code, to keep non-white people confused wherever they happen to be on the planet. There are some things that the white people who practice racism (white supremacy) say and some things they will not say. Some things they will do and some things they will not do and the manner in which it is done. This is the reason having a counter code, a Counter-Racism Code, is critical. Finding the most efficient and economical way of using your time and energy to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice is what Counter-Racist Codification is all about.

While running this one Counter-Racism Science experiment I discovered quickly that there is something to this “scientific method”. I found that I often had to think about things differently because what I concluded would happen is not what actually happened. Understanding now that people have been lied to about much of what they have been taught it was

easy to understand why this was happening. I quickly concluded that what I needed was a place to share my Counter-Racism Science experiments and where others could share their Counter-Racism Science experiments so I setup a global presence in the form of a website (<http://www.counter-racism.com>) in an effort to globalize the concept of counter-racism and called part of the website the WSP. This is the part of the website where I, and others, share our Counter-Racism Science experiments and the data that was collected from running the experiments. Questions are also answered on the WSP as they relate to the experiments that are posted there. The WSP is structured in such a way as to minimize the conflict between non-white people and keep the focus on producing justice. There is information on the WSP for how to use it so there is no need to go into any grave detail here on the subject.

Reading Counter-Racism Science experiments is a way for people to learn not only the thoughts of others but why they thought what they posted to be true, how they tested it, the data that results from those tests and what conclusions the person presents. In essence you are able to read the thoughts, speech and action of the person who wrote the Counter-Racism Science experiment. The WSP is structured such that if you disagree with the Counter-Racism Science experiment that someone else has posted you can post your own Counter-Racism Science experiment, run it; post the associated data and your scientific conclusions. This minimizes conflict between non-white people and at the same time expands the number of people using their time and energy to replace the SYSTEM of racism (white supremacy) with a SYSTEM of justice.

One of the places where non-white people are mistreated on a daily basis is on the job. I found that running Counter-Racism Science experiments on the job will not make you more popular in the sense that people will want to be around you more often. In other words you will not make any large number of friends doing it. Running Counter-Racism Science experiments on the job will most likely get you fired or at least reprimanded unless you know exactly what it is you are doing. Having an understanding of how the SYSTEM of racism (white supremacy) works and using a strategy such as Counter-Racism Jiu-Jitsu helps the non-white person to keep from being harmed, especially when running Counter-Racism Science experiments on the job or anywhere else. Most jobs are setup so that if you are experiencing problems you will be directed to your immediate supervisor. If the problem cannot be solved there you may be directed to their supervisor or manager. If the problem cannot be solved there then perhaps

you will be asked to meet with someone in Human Resources (HR), if there is a HR department, and then maybe Equal Employment Opportunity Commission (EEOC) and so on and so forth, when the person who is able to solve the problem you are experiencing, in most instances, is standing right next to you. The smartest most powerful white people know this is the process because they made up the process and put it in place. Usually the person who is able to make whatever problem a non-white person is experiencing on a job is not only a white person but it is the same white person that is instructing you to go to HR. We will address how to avoid this lengthy process in detail using Counter-Racism Jiu-Jitsu in the Practical Applications chapter.

I listened to a Compact Disk once of a person who called a meeting to discuss, not only the problem he was experiencing directly, but whether or not a “law had been broken”. This information was very interesting to me. I thought about it and thought about it. As with all things in Counter-Racism Science, you’ll have to do a lot of thinking about it and also it must be tested. So I sat down and decided to learn a few things about the “scientific method”. I tried the “Trial and Error” method but found that I was not learning to stand on my own two feet and problem solve. I had to constantly ask others for what I needed to solve problems. There was no reason I couldn’t come up with the solutions for problems all by myself. Presumably, the person who is able to come up with solutions to problems on their own is following the logic that is in the universe of how to do that. Instead of running back and forth to them for solutions I could do what they were doing by following the same logic that is in the universe that they are following. Finding the logic to do what you set out to do is not difficult. Just like the person on the mountain top in New York attempting to jump off that mountain and land in Los Angeles in less than 10 hours, but it takes some thought. The logic to do so is in the universe. It came with the universe. So in order to find the logic to solve problems without producing more problems I had to do some thinking about it. Then I had to do some writing then talking then testing. In essence I had to get the words straight first and get them straight in my mind. That’s the thinking part. Then write them down and learn to talk about it as a concept. That’s the speech part. Then learn to test that which I suspected to be true to see if it is true. Then analyze the data and draw conclusions that can be tested. Then refine the concept so that it is repeatable. That’s the doing part.

Using the “scientific method” really take some thought. I had to take my time and think carefully about using this thing called the “scientific

method” to produce a SYSTEM of justice, testing everything I suspected to be true in order to see if it is true. The whole idea was to reveal truth in a manner that promotes justice, which means in doing so I was not harmed. Not just reveal truth because the white people who practice racism (white supremacy) reveal truth but they do so in a manner that promotes non-justice. If you are not careful when you are in the process of the revelation of truth, the white people who practice racism (white supremacy) will wait until you reveal whatever truth you set out to reveal, and in some cases even help you to reveal truth by signing-on to what you are saying and/or doing, and then use that truth to harm you and/or other non-white people. So, keep in mind, just revealing truth is not enough but it is, however, the best start.

The first Counter-Racism Science experiment I wrote for use on the job was written far in advance of me being under direct unrefined racist (white supremacist) attack. I had the time to think about it, write about it, discuss it with others and do some testing, which is what I suggest others do as well. Don't wait until the white people who practice racism (white supremacy) come to get you to come down the hall with them. It may be too late at that point. Take the time while you have the time to think about, talk about and learn about how Counter-Racism Jiu-Jitsu works so that you will be prepared when they do come. I knew they would come sooner or later. Most non-white people have already narrowed their perception so as to not take into account any potential threats. In other words, not only do non-white people not want to think about the things in this book they will shout each other down about them. That is how the refinement of racism (white supremacy) works. As a result many non-white people will notice something being said that is said against non-white people and still do nothing about it because they don't see the situation to get any messed up than it already is. Many non-white people have become comfortable with being mistreated on the basis of color. And many more have become fearful of even thinking about doing anything about it. Someone once told me, when I was very young, that going on a job is like going to war. They said there are going to be snipers, booby traps, and landmines everywhere so I was to make sure I gathered enough ammunition to keep them at bay. I didn't know what this person meant at the time but the advice stayed with me. In addition to keeping them at bay I also found a way to capture their weapons and use their weapons against them, which is a method of having them supply me. This is what Counter-Racism Jiu-Jitsu is all about, using what I have been given, such as the United States Constitution, to “establish



justice, which is also what the United States Constitution supports. For example, if we're in a meeting and someone uses a word that seems to be leading to confusion I'll define the word so that it works for the people who need help the most, without mistreating anyone. This is how you head everyone in the room toward the production of justice. If someone uses the words "due process" I'll define that to mean "doing things in a correct manner". And I have been challenged on that definition. People have yelled out in meetings that "due process", which is what the United States Constitution requires, does not mean "doing things in the correct manner". Rather than turning the whole thing into a shouting match, because I'm using many of the major behaviors listed on page 34 of this book under Counter-Racism Jiu-Jitsu, I simply asked a question. I looked the person in the eyes and with a calm courteous voice and a pleasant demeanor I ask them "Does 'due process' mean doing things in an incorrect manner". Now who wants to go on record by saying, in a meeting where it has been said that someone is in the process of subverting the Constitution of the United States, that "due process" means "doing things in an incorrect manner"? No one does. That's how THE LOGIC works. No one for the remainder of that meeting challenges the definition of "due process" to mean "doing things in the correct manner" and also something magical happens. Everyone begins to follow THE LOGIC of what "due process" means by acting out doing things in the correct manner. Also, as you can see, I wasn't asking a question for the sake of asking a question as was pointed out in the chapter on Counter-Racism Jiu-Jitsu as something that should never be done. Asking the question kept me from being harmed and also pointed everyone in the room down the path of doing things in the correct manner which is something that must exist in order to produce justice.

The time soon came when I needed to put all of this thought and speech into action. I practiced the major behaviors on page 34 ahead of time so that I could practice them with ease. I also wrote down strategies and questions, before the meeting, that were focused to have the effect of controlling the flow of the conversation and pointing everyone down the path of producing justice. And I also wrote several Counter-Racism Science experiments to run in order to test THE LOGIC of what needed to be said and what needed to be done. On a job one day I was accused of "creating a Denial of Service attack" against our customer. This was a very serious offense as the customer was what is called a "government institution". I was the Webmaster on this particular contract for this "government institution". Being the Webmaster means, among other things, I was "in charge" of

maintaining and administering the web servers for this particular client. I had access to these servers and worked on them deploying applications and performing maintenance on a daily basis. I ran the Counter-Racism Science experiment on page 53. Once I ran it and noted the responses of everyone in the room, took into account where the flow of the conversation went, what everyone said and also some of the things I thought should've been said but were not said, in a few seconds I could see that I needed to refine the experiment so that the next time I run it I could position myself more strategically to produce justice. I got the response I needed but the meeting lasted longer than I thought it should've lasted. I reasoned that if I were to use the language and the strategies and techniques as efficiently as possible the meeting should only last 5 minutes. I used that measurement as a barometer for how well I functioned. I will talk about this Counter-Racism Science experiment in detail in the Practical Applications chapter of this book.

The second time I ran this Counter-Racism Science experiment I was not under direct unrefined racist (white supremacist) attack and the experiment had changed slightly as a result of the first time I ran it. The attack this time was very refined. This particular attack was so refined many non-white people may think someone is doing them a favor. I was reviewed on my "Performance Evaluation" as a "Successful Contributor". Many non-white people will accept this review because it is not a bad review per se. There were five review statuses of which "Successful Contributor" was the third or middle or average rating. But when you are not only doing your job but also doing additional tasks to improve contract performance and overall profitability you should be rewarded for it. White people were being rewarded for it why not me? I thought it necessary to test the Counter-Racism Science experiment again including some of the language I had heard on that CD. It is a problem for me to do more than my roles and responsibilities outline on the job and not be compensated for it, especially when others were doing more than their roles and responsibilities outlined on the job and they were being compensated for it. This time the Counter-Racism Science experiment went beautifully. I didn't meet the 5 minute mark but the meeting only lasted 20 minutes. I will discuss this one in depth as well in the Practical Applications chapter.

Many non-white people don't want to be fired from their jobs, and who could blame them, and would never even ask questions regarding being mistreated on the basis of color on the job because they don't know what to say, how to say it, nor what the result will be. But you don't have to run

around all day long talking about racism (white supremacy) on the job. Instead the focus should be on producing justice. I never mention the word “racism” on the job unless someone else brings it up. The white people who practice racism (white supremacy) understand that you can’t have justice and non-justice (injustice) in the same universe at the same time. So they understand immediately that when you begin to talk about producing justice, and you use the definition of justice as guaranteeing no person is mistreated and also guaranteeing that the person who needs help the most gets the most help, that you are talking about working against what they are doing. There is a way to handle every situation that arises and handle it using speech and/or action. I **suggest** that if you do not have what you are going to say written down and carefully thought out, and you do not understand the concept of how to use words to get a job done, and you do not understand the concept of Counter-Racism Jiu-Jitsu and THE LOGIC of how a code works and that you have tested the concepts before repeatedly, **I suggest that you not use the concepts, processes and procedures in this book.** It is very important to carefully think out your strategy, what is going to be said and/or done, writing it down and practicing the speech in a calm manner even if in order to do so you have to do so in a room by yourself looking into a mirror. The white people who practice racism (white supremacy) don’t operate on the basis of maybe they mistreat people on the basis of color, THEY DO IT. It is not a matter of if they’ll come for you it is a matter of when they’ll come for you. So it is best to have your speech and action that you will use to neutralize their behavior already memorized and your strategy and posture practiced repeatedly so that you will be ready to put your strategies and techniques into action. Below is the first Counter-Racism Science experiment I wrote that was to be tested on the job. After observing what was happening to other non-white people around me on the job and after listening to the CD, I had concluded that it probably wasn’t going to be very long before some of the same things that were happening to other non-white people around me on the job were also going to happen to me. So I began to practice my strategies and techniques daily. This is a basic experiment that sharpened the focus of my attention and the focus of my experimentation on the use of words. I call this experiment the “Using the United States Constitution as a Tool” Counter-Racism Science experiment and you can find it on the WSP.

### **Observed Phenomenon:**

The white people who practice racism (white supremacy) use words that work against the people they classify as non-white that result in said non-white people being mistreated on the basis of color.

### **Hypothesis:**

Because of the above Observed Phenomenon it is hypothesized that non-white people can also use words in such a manner that prevents non-white people from being harmed (mistreated on the basis of color). The United States Constitution is all words.

### **Experiment:**

The experiment is to use the United States Constitution's 5th and 14th Amendments (words) to prevent non-white people from being harmed. This is a document that white people have sworn to protect and defend, if necessary, with their lives. Changing the United States Constitution will change the protection it provides for a lot of white people. I will use the following statement as boilerplate:

*I signed on with (company name) to perform my duties and I always do what I'm told according to the support of the Constitution of the United States. In the performance of my duties I have probable cause to believe that someone is subverting me. That someone is subverting the Constitution of the United States. I am asking for help from the people who have sworn to protect and defend the Constitution of the United States to assist me in finding out who this someone is.*

### **Questions to ask:**

- (1) Is this an inquiry or an investigation?
- (2) Is there anyone here who does not support and defend the Constitution of the United States?
- (3) Does (company name) have any policies that are in direct conflict with the 5th and 14th Amendments of the United States Constitution?
- (4) Is subversion of the 5th and 14th Amendments of the United States Constitution a crime?

### **Recording Information:**

Use a tape recorder if at all possible. Pen or pencil and paper.

### **Expected Results:**

- (1) No person will openly admit to subversion of the 5th and 14th Amendments of the United States Constitution.
  - (2) After you state your case you will be on the offense instead of being on the defense where most non-white people are usually.
  - (3) Everyone who openly admits to upholding the 5th and 14th Amendments of the United States Constitution will assist you in finding who is subverting the United States Constitution or will not partake in harming you.
-

## How to Support and Defend the United States Constitution

This was the beginning, for me, of learning what turned out to be some very interesting things about the interaction of people and how power works in the interaction of people. The entire SYSTEM of racism (white supremacy) is all about people interactions. What the white people who practice racism (white supremacy) say and/or do in all of the 9 major areas of people activity, listed in the Foreword of this book, and how other people respond to what they say and/or do. We will go into detail on people interactions in the last chapter of the book entitled “Practical Applications”. In the “Practical Applications” chapter there are copies of e-mails that were sent that map out the process using words in a very specific manner, as well as what was learned, and a very basic process to that can be used as a guide for putting Counter-Racism Jiu-Jitsu into practice. Since every situation is a little different it is necessary to use the information in the book **only as a guide** to help you to put together a plan of action that will work for you. Included with this book is also the audio of the first CD I listened to that gave me the ideas that spawned Counter-Racism Jiu-Jitsu and the formation and refinement of the concepts and experiments in this book.

Most of the Counter-Racism Science experiments that I wrote were run on me as an individual. This was the beginning of what I call Self Discovery, which is just a word that means to look at one’s own behavior without lying to oneself and to also look at how things work and determine the reason the person is here on this planet. I began to notice how my behavior was not what it should be, especially in response to the white people who practice racism (white supremacy). I had to make some drastic changes so not only did I run the Counter-Racism Science experiments on myself I had to analyze the data, **without lying to myself**, and make the appropriate adjustments in my speech and in my actions in order to align myself toward the production of justice, which is what I came to this planet to accomplish.

There are many suggestions, written as Counter-Racism Code, that were the result of running the experiment on page 53 and other Counter-Racism Science experiments. I have listed some of the suggestions on the following pages but attempted to not provide a lot of commentary. If there are any questions in relation to how the information was obtained or how the suggestions are used or what the result of using them would be you can post your questions on the forum noted on page 13 of this book. You can find many of these suggestions on the WSP.

**Suggestion:**

Don't bring up race on the job if you are a non-white person.

**Explanation/Reason:**

Focus on making your primary objective to place the choice, every chance you get, in front of people to produce justice or be held accountable for not producing justice.

One of the tools that can be used to do this is the United States Constitution. Make it a point to ask if what you are being asked to do is in accordance with and in support of the due process clauses (5th and 14th Amendments) of the United States Constitution. Or if you suspect information is being withheld from me in terms of problem solving, or if you suspect you're being mistreated at any time and/or in any place.

If race is brought up, the white people know how to steer that conversation into a discrimination case or something of the sort. No person has ever, to my knowledge, been convicted of practicing racism (white supremacy) and for a very practical reason. Once a white person is convicted of practicing white supremacy (racism) there is criteria that go along with that. Once there is criteria, any non-white person can use that criteria for suing any white person that demonstrates any speech and/or action associated with that criteria. The racists (white supremacists) cannot allow that to happen. If this happens the non-white people will either become a controlling force in terms of capital, very fast, or white people will have to use direct violence against the non-white people.

You can get some money from a discrimination suit but if you are interested in producing justice you should be working toward that objective anyway...as quickly as possible.

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It is advised in the suggestion above not to bring up race in the conversations or meetings on the job. Talking about the production of justice is actually talking about race but without using words that will put people on the defensive. The white people who practice racism (white supremacy), meaning the smartest most powerful white people, already know this. If the smartest and most powerful white people were against racism (white supremacy) there would be no such thing as racism (white supremacy). If the smartest and most powerful white people are against you it doesn't matter how many non-white people you think report to you, it doesn't matter how many millions of non-white people you have in your armies, it doesn't matter how many billions of dollars you have, it doesn't matter how many palaces you have or how many millions of gallons of oil you produce, the smartest most powerful white people will come to get you and bring other non-white people with them to help them. And before they leave,

most of the non-white people where you were will be fighting and killing each other because the white people who practice racism (white supremacy) will supply them the means to kill each other off in larger numbers than before and also supply the non-white people with the reasons to kill each other off if no reason existed before.

You will need allies on the concept of producing justice so to get them you can use words that name specifically the United States Constitution and make a report that someone is attempting to subvert your efforts in your support and defense of the United States Constitution. This is the basic premise in this strategy. The focus, however, is specifically on the 5<sup>th</sup> and 14<sup>th</sup> Amendments, which deal with what is called “due process” and “equal protection of the laws”.

No one has ever, to my knowledge, been convicted of practicing racism (white supremacy) so to bring up the problem of race on the job is problematic at best. What do you hope to get out of it? Stay focused on the objective which is to primarily to keep from being harmed and secondarily to get the constructive help that you need when you need it. Does this strategy permit you to obtain a position you are not qualified to obtain? No. Does this strategy permit you to “get by” without having the skills necessary to sustain a position once you’ve obtained one? No. Each person should, at all times, say what is necessary and do what is necessary to be the **best person** they can possibly be. You’ll find that most often that means you are going to have to make a lot of changes to yourself. Most people want to change the things around them but not themselves. And people have become content with getting other people to change but not themselves. That is not the path to becoming the **best person** you can possibly be. Being the best person you can possibly be does not mean to be the best drug dealer you can possibly be if you are a drug dealer or the best murderer you can possibly be if you murder people. Under the SYSTEM of racism (white supremacy) non-white people who attempt to become the best person they can possibly be are on a direct collision course with the white people who practice racism (white supremacy) because it is the racists (white supremacists) themselves who are focused and committed to keeping their subject people from doing anything constructive unless that constructive activity helps or doesn’t hurt the SYSTEM of racism (white supremacy).

One of the other strategies I’ve learned is to ask for training for everything that you are required to do on your job even if it doesn’t seem to be directly tied to your immediate roles and responsibilities. But especially ask for training for the things that are tied to your immediate roles and respon-

sibilities. Once you begin to use the Counter-Racism Science experiment “Using the United States Constitution as a Tool” you will find that the number of questions and expectations will balloon. You may have to, as I did, split the experiments into smaller experiments. When running Counter-Racism science experiments you may also find that other people become acclimated to your use of words and anticipate you using them. This is the power of words. When other non-white people hear you using words to prevent being harmed and also getting the constructive help you need in order to do your job correctly they will begin to use those same words in order to get the same effect. This is one of the reasons you have to make sure your use of words is precise.

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**Suggestion:**

Always ask for training on how to do something you have been assigned to do by stating the following:

**I am requesting training on (*whatever the training is for*) in order to do my job correctly.**

Or by saying:

**I am requesting training on (*whatever the training is for*) in order to perform my duties correctly.**

**Reason/Explanation:**

This works to help you to get the training you need in order to perform your duties correctly and at the same time protects you from being mistreated for not performing your duties correctly if you do not receive the training you are requesting. All non-white people should look up training for whatever duty they are being asked to perform on the job. Do the research on who is offering the training, training location, price, etc. and offer it to the people who have the ability to procure the training for you.

If someone is attempting to harm you based on you not performing your duties correctly that is a violation of the United States Constitution's 5th and 14th Amendments due process and **equal protection of the law** respectively if you asked for training in order to do your job correctly and did not receive that training.

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Training is an entire experiment in itself. You will have to find the correct words to use to get the training you need in order to do what needs to be done. The white people who practice racism (white supremacy) will



## How to Support and Defend the United States Constitution

provide you the training you need on occasion but in most cases not place you in a position where you get the full benefit of that training immediately.

Telling, Training, and Testing. That is the process. Far too often the white people who practice racism (white supremacy) leave the Training part out. They will tell you to do something and then they test you on what they tell you to do. Not ever providing the correct training needed in order to do the job correctly. And you'll look around you and there are lots of white people going to training all the time.

**Test this suggestion.** Write a Counter-Racism Science experiment to test it. Not only will it help you to get used to thinking, speaking, and acting in a scientific manner but it will also help you to get used to asking for the help you need when you need it and how to ask so that you get the result you are looking for. It will also help you on the back end because if you ask for training on something that is supposed to be your responsibility, and do not get it, then it becomes illogical to be graded or assessed poorly on your performance of it.

It is imperative that you ask for training on what you need to be trained on “in order to do your job correctly”. No one can argue with this. Many times the white people who practice racism (white supremacy) will ask you why you need training or they may attempt to get you to feel inadequate stating that this is something you should already know. Always use these words when giving your reason for asking for the training you are requesting, “in order to do my job correctly” or “in order to perform (this task) correctly”, whatever the task may be. Once you put it out that you require the training to do your job correctly and you do not get the training you've requested, and you are graded or assessed poorly on your performance you can always ask if it is “due process” to request training to do your job correctly, not receive the required training, and be assessed poorly on the task because you did not perform the task correctly. I suspect that is a violation of The United States Constitution “due process” clauses.

When going down this path you may notice that you will be asked to do more and more things. This is a “side-effect” of going down the correct path. People instinctively want the people who are focused on doing things correctly to do more things for them. The white people who practice racism (white supremacy) take immediate notice of any non-white person who is attempting to say and/or do things in a correct manner so that it has the correct outcome. It is for this reason that you will have to be cognizant of what you say. Never say you can't do this or that as the next suggestion outlines. Always ask how to do what needs to be done.

**Suggestion:**

Never say "I can't" do this or that. Instead ask how something should be or can be done.

**Reason/Explanation:**

The racists (white supremacists) expect the victims of racism (white supremacy) to say what they can't do and use that information against them. Instead put your response to being asked to do something in the form of a question and ask how to do it. Many white people who practice racism (white supremacy) will tell a non-white person to do something and test them on their accomplishments but rarely train them how to do what they are being asked to do. (**Telling, Training, and Testing**).

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Usually non-white people don't ask enough questions and/or ask enough of the questions that should be asked in order to get the result they are looking for. This following Counter-Racism Science experiment on page 60 helped me to get into the habit of asking questions. It came from a Counter-Racism Science experiment that I wrote and ran numerous times that is entitled "No Assumptions". The "No Assumptions" experiment is the experiment that also helped me to understand the need to ask questions and why it is important not to make assumptions without first making a detailed analysis of the evidence. I had no idea at the time that as a result of not making assumptions I would make fewer statements but that was the outcome of the experiment. A lot of the mistakes that are made by non-white people are the result of making assumptions and then functioning from those assumptions as if they are true. Using the Trial and Error method requires that many assumptions be made. It is difficult not to make assumptions of some kind so when assumptions are made it is critical to have a way to validate the assumptions to make certain that you understand what you are looking at. The suggestion response format that follows is a result of running the experiment. Once you get into the habit of not making assumptions your focus becomes keener. By not making assumptions you will find that you have to ask more questions and by asking more questions you will find that you make fewer statements.

### **Purpose:**

The objective of this experiment is to observe the effect of not making assumptions.

### **Observed Phenomenon:**

The phenomenon I have observed is that I appear to make a lot of assumptions.

### **Hypothesis:**

Most people make assumptions about a lot of things. For example, you are reading this and while reading this you are making assumptions about what I mean by the words that are written.

Neither you nor I have read and memorized all of the word in the dictionary for every word that is written here nor every word that is being read that is written here.

Under the SYSTEM of racism (white supremacy) mis-understanding is the standard for people without a code. When it comes to the topic or subject of race non-white people, because we don't have a code, do not understand what is going on around us.

The mechanics for not making assumptions is, if you want to know something, you'll have to ask questions. Not only will you have to ask questions you'll have to ask questions of the originator of whatever speech that was made and/or whatever deed that was done in order to get the truth about it.

### **Experimentation:**

Go an hour making as many assumptions as you possibly can. Count the number of assumptions you make and write the number of assumptions you make down on a piece of paper.

How many questions did you ask while communicating with people while making as many assumptions as you possibly can?

Go an hour without making any assumptions. Count the number of assumptions you make while attempting not to make any and write the number of assumptions you make down on a piece of paper. How many questions did you ask while communicating with people without making any assumptions?

### **Expected Result:**

While communicating with people and minimizing the number of assumptions you make you will ask more questions.

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It is extremely important to learn to ask questions. Not just any questions but questions that reveal truth in a manner that will allow you to promote justice and correctness, as well as, questions that lead the conversation. In a so-called “court of law” from time to time you may hear an attorney objecting to another attorney “leading the witness”. It is basically

the same principle. By the questions you ask, you lead the entire conversation down the path toward producing justice. By running the No Assumptions experiment I learned to not only ask questions but the value of asking the correct questions. When you ask questions that reveal truth in a manner that promote justice it will lead the conversation, and everyone participating in the conversation down the path of producing justice. It is also important to get everyone else used to the idea that you will have questions. These are the kinds of things that set the stage for revealing truth. A person who practices deceit does not want anyone to ask questions. The person practicing deceit just wants everyone to go along with what they are doing. Get into the state of mind that you are going to ask more questions than you make statements. The white people who practice racism (white supremacy) reveal truth and will help you to reveal truth but the effect is that they use truth to promote non-justice. In other words, there is truth in falsehood but the use of falsehood is an act of hiding truth. The white people who practice racism (white supremacy) use falsehood to promote non-justice.

I was involved in a situation on the job where, if I was not already in the habit of asking questions, I could've very easily went down a path that lead to a dead end very fast. This was a statement that was directed at me at a meeting I called about my Performance Appraisal rating:

*Mr. Williams, I understand that you have a problem with your Performance Appraisal.*

I could've went into talking about the problems I experience on the job and how I think I'm being mistreated and what this person said to me and what that person did to me and so on and so forth. It would've really sounded like a complaint session and also sounded like I'm on the defensive all the time just looking for something to complain about. My response was:

*No Sir, I have questions.*

I then proceeded to ask questions that revealed truth in a manner that allowed me to promote justice. By asking questions, I placed myself on the offensive, requesting information that helped me to support and defend The United States Constitution. This came to me as a result of running Counter-Racism Science experiments. Each time I asked questions I noticed that I was on the offense. All of the questions I asked were designed to find out if a law had been broken. At this point in the conversation we were all

engaged in an Inquiry. I began my questions about my Performance Appraisal by asking for definitions of the rating categories. This is essential to ensure everyone is functioning from the same definitions. Once I received the definitions I began to ask questions requesting information about when I did not do what the definition outlined as was required that needed to be done so that I would receive that rating. I quickly moved to narrowing the perception, asking questions such as; what does a High Contributor do that nobody else does? These kinds of questions helped me to identify exactly what I needed to do to rate at High Contributor, which is the reason no one will want to answer the question. As it turned out what a High Contributor did that nobody else did wasn't even described in the definition of what a High Contributor is.

One of the suggestions that was a direct result of running the No Assumptions Counter-Racism Science experiment is the following;

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### **Suggestion:**

Always ask more questions than you make statements. You can use the following format when someone says or does something that you think may lead to confusion or someone being mistreated or you are involved in a conversation that appears to be leading to a non-constructive end:

- (1) Make a brief response such as “that’s interesting” or “this is very important what you’re saying” or something like that.
- (2) Make a **brief** statement.
- (3) Ask a question.

### **Reason/Explanation:**

Most people do not get offended when you appear to be addressing their statements or concerns and at the same time not making contradictory statements or concerns. Most people do not get offended when you are asking them a question. Asking a question is making a request for information.

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This suggestion should only be used during a conversation where you have additional questions about what is being stated. It can be used periodically during meetings where treasonous acts such as subversion of the United States Constitution are being discussed. For example, I have found it extremely useful when supporting and defending the United States Constitution on the job. Periodically the white people who practice racism

(white supremacy) will attempt to get you to feel that you are doing something out of the ordinary and that it is really not going to get you anywhere. They will use a lot of words, as they usually do, to get you to feel as though you should not be involved in and should abandon support and defense of the United States Constitution without actually using those words. Even the most powerful person in the meeting will not go on record telling you not to use the United States Constitution. They may talk for 15 or more minutes giving you all of your options, none of which will have anything to do with using the United States Constitution and your mind will pick that up. They may even say that there are already policies and procedures setup to handle that particular situation. The idea is to put the United States Constitution out front and the company you work for behind it and you stand behind the company that you work for. Everyone else can either stand beside you or face the United States Constitution as their opposition.

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You may have heard that it is more difficult to use the United States Constitution on a job at a privately owned company than on a job at an agency (government). One question that can produce focus on any job where you are attempting to use the United States Constitution to keep from being harmed is mentioned in the suggestion below. You may run into situations where people are saying there are already policies and procedures in place to deal with whatever is happening.

### **Suggestion:**

Whenever you are told on the job, when attempting to use the United States Constitution to keep from being harmed and you are told there are already policies and procedures in place to deal with whatever is happening or this is not a legal issue or any number of other statements to keep you from being focused and using words you can always ask the following question:

**Does (*company name*) have any policies that are in direct conflict with the 5th and 14th Amendments of the United States Constitution?**

### **Reason/Explanation:**

The Expected Result is that no one will admit to having any policies that are in direct conflict with the United States Constitution if the job you have is considered "legal". This means that the person talking about "company policies" and you talking about the United States Constitution...both of you are talking about the same thing. This means you can continue to talk and use the United States Constitution. You don't even have to break it down to them like this because white people will follow **THE LOGIC** if you put it out in front of them and they feel it may be necessary to do so.

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## How to Support and Defend the United States Constitution

Each time I have asked this question, regardless as to the job I've worked, the answer has always been a resounding "NO!". No person, especially in these days and times, wants to go on record stating that he or she works at a company or for an organization that has policies and/or procedures that are in direct conflict with the United States Constitution. That is what "Al Qaeda" does. Since the answer to the question is "NO", everyone is talking about the same thing, supporting and defending the United States Constitution, which means that you can continue to support and defend the United States Constitution.

THE LOGIC for the next suggestion goes back to the same logic that is used when a fire breaks out in a building. When a fire breaks out in a building no one is running around asking questions about who started the fire. The procedure is to get the people who should not be harmed out of harm's way. After everyone is safely out of harm's way that should not be harmed, the people who have the ability to put out the fire will put the fire out. After the fire is out and there are no smoldering ashes, the people who have the greatest ability to investigate the cause of the fire begin their investigation. Once the cause of the fire is found and there is probable cause to believe that someone started the fire only then are people investigated, which usually results in an indictment and a trial and either a conviction or acquittal. On the job when it appears someone is being harmed and it is not related to fire, one of the first questions that are asked is "Who is responsible?", even before everyone is out of harm's way. Yelling FIRE! in a building is the equivalent to stating someone is subverting you in your duties to support and defend the United States Constitution and most often times the people who have the greatest ability to ensure the people who should not be harmed are moved out of harm's way and the "FIRE" is put out immediately are the people who are standing right beside you. For this reason the following suggestion is a very important part of the procedure. The procedure is not to make a charge that someone is subverting you, but subverting you in your duties to support and defend the United States Constitution and by doing so they are also subverting what comes as a result of you performing your duties such as you get your raises and promotions on time. If you are asked who it is that is subverting you the procedure is to say that you do not know who is subverting you. They are asking you to Indict someone even before the fire is put out. That's not how the logic works. **Inquiry, Investigation, Indictment.** Essentially all you are doing is saying there is probable cause to believe that a law has been broken and you begin to ask questions to see if a law has been broken. It is critical to stay in the Inquiry

lane and let the smartest most powerful white people perform the Investigation and the Indictment.

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**Suggestion:**

Never make a charge against another person on the job.

**Reason/Explanation:**

**THE LOGIC** is that information will come out in the investigation. It has the effect of a person screaming fire when the building you are in is on fire.

The white people who practice racism (white supremacy) will want you to immediately name the person who you think is saying and/or doing something against you but in a fire they don't use the same logic. In a fire the code that is used is when someone recognizes there is a fire and alerts everyone in that building that it is on fire the first thing that is done is to move people out of harm's way. The next thing that is done is to solve the problem by putting out the fire. The next thing that is done is to figure out how the fire was started (*who is guilty of causing the fire to be started*).

You use the same logic when recognizing and alerting everyone that someone is subverting the Constitution of the United States. The first thing you want to do, or should want to do, is to move the people out of harm's way who should not be harmed...**namely yourself**...and you do this by alerting everyone that someone is subverting the Constitution of the United states, which is the equivalent to screaming fire in a burning building. Next you should proceed to getting everyone's help who has sworn to protect and defend the Constitution of the United States to assist you in finding out who that someone is, which is the equivalent to everyone helping to put the fire out...because they are no longer focused on you. The next step should be for you to proceed with an investigation of how the incident got started in the first place and if you use the strategies and techniques used below you should have enough documented information to keep from being harmed.

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One of the first things you'll want to do when addressing a problem on the job, if you are called into a meeting is to ask the question "Is this an inquiry or an investigation?". This question gets everyone in line and focused on the outcome of the meeting. If the meeting is an Inquiry there most likely will a lot of people asking a lot of questions to determine if an Investigation is warranted. If the meeting is an Investigation there will most likely be someone in the meeting who will make a charge against a person or make a charge that something was not done correctly and seek assistance in correcting what was not done correctly. Don't waive your hands around wildly or raise your voice. Take your time and follow the procedure, step-by-step.



### **Suggestion:**

Never make a charge against the company you work for.

### **Reason/Explanation:**

Always say you have probable cause to believe someone is subverting you in your duties to *(the company you work for)* and by doing so is subverting the 5th and 14th Amendments of the United States Constitution and you are asking for help from the people who have sworn to protect and defend the Constitution of the United States to assist you in finding out who that someone is.

You can also shorten that by stating you have probable cause to believe someone is subverting you in your duties to *(the company you work for)* and now you are asking for help in finding out who that someone is.

Non-white people have been tricked into using the "he said, she said" approach to the problem and it doesn't work against racism (white supremacy). The "he said, she said" approach only helps the white people who practice racism (white supremacy) because the non-white people end up working against each other.

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Also, never make a charge against the company you work for. Are you beginning to see how you place the United States Constitution out in front, the company you work for behind it and you stand behind that company? Never say something like "This company is racist against black people". You will not be able to climb out of that hole. Once you make a charge against the company or organization that you work for you will not have a leg to stand on. Even before you say that you have probable cause to believe that someone is subverting you in your duties to support and defend the United States Constitution the presumption by you is that the company that you work for supports and defends the United States Constitution. You are essentially bringing the problem before other people who you suspect have also sworn to protect and defend the United States Constitution, if necessarily, with their lives. So always say that someone is subverting you in your duties to the company you work for and you are asking for assistance in finding out who that someone is. If the company or organization you work for does not have any policies or procedures that are in direct conflict with the United States Constitution then that company or organization backs the United States Constitution and are supporters of the 5<sup>th</sup> and 14<sup>th</sup> Amendments.

**Suggestion:**

Whenever you are invited to a meeting or call a meeting on the job and it seems like something happened that should not have happened always ask the question:

**Is this an inquiry or an investigation?**

**Reason/Explanation:**

An inquiry simply means no charge has been made against anyone. An investigation means a charge has been made and the investigation process with an outcome of **guilty** or **not guilty**. Always keep these two separate in your mind and in how you speak at meetings on the job or anywhere else. The white people who practice racism (white supremacy) will try to make sure you don't keep them separate so that you will not know if you're being investigated or not until it is too late.

If you are having an investigation before an inquiry always ask the question:

**Is it due process to have an investigation before an inquiry?**

Maintain a separate set of questions for an inquiry than for an investigation.

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If you are involved in an Investigation before there is an Inquiry someone is not following procedure. There should always be an Inquiry before an Investigation. The Inquiry determines if an Investigation is warranted. If it is an Investigation you should probably have someone present, in the meeting, from Security or the Office of the Inspector General. In an Inquiry you may have quite a few people asking questions. There may also be some manner of procedure or protocol in which everyone has a chance to ask their questions and receive answers to their questions. An Investigation is strictly focused on what was done incorrectly and the process for formalizing a charge.

The next suggestion is not only about using the language of the United States Constitution but you should also know when to use it and how to use it. You shouldn't walk in the meeting only saying "the United States Constitution baby...it's the United States Constitution". That will most likely get you thrown out of the meeting. You'll have to know when to use the language of the United States Constitution and when not to so that it makes sense. There may be long periods of silence in these meetings but that may be because they are waiting on you to make statements. Watch

## How to Support and Defend the United States Constitution

what everyone does and listen to what everyone says. Non-white people are notorious for jumping into the conversation to show everyone how much we know or to jump to the defense of the smartest most powerful white people. Don't fall into that trap. Keep the focus on supporting and defending the United States Constitution, getting assistance from others who have also sworn to protect and defend the United States Constitution to find out who is subverting the United States Constitution and take your time and follow THE LOGIC and slowly and gradually everyone will become acclimated to the language.

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### **Suggestion:**

Use the words "due process" and "5th and 14th Amendments of the United States Constitution" as many times as you possibly can.

### **Reason/Explanation:**

This forces everyone to focus on whether or not a law has been broken and/or whether or not a law is being broken.

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If you are anything like me, you will use the words "due process" so many times someone may ask you what you mean when you say the words "due process". The following definition of "due process" will help you to handle the question in a constructive manner.

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### **Suggestion:**

When using the words "due process", give it the definition "doing things in the correct manner".

### **Reason/Explanation:**

Once you do this the **only** change that can be made in reference to the process of how to do things is to "do things in an incorrect manner" and nobody wants to admit to that if you are talking about "due process". It keeps everyone focused on **not breaking any laws**. To "do things in an incorrect manner" in reference to the United States Constitution means that a law has been broken.

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This suggestion is very important. It goes directly to the definition of the words “due process”. The term “due process” really means to “doing things in the correct manner”. If anyone doesn’t like that definition and want to change it the only thing they can change it to, that really is a change, is to “doing things in an incorrect manner”. No one will want to go on record as saying the United States Constitution is all about “doing things in an incorrect manner”. This definition “doing things in the correct manner” sets the tone of the meeting by getting everyone focused on using the United States Constitution and doing so in the correct manner. In my experiences this has also encouraged people to tell the truth, the whole truth and nothing but the truth. There may be times when it will be said that an act took place but there is apprehension about revealing the name of the person who committed the act. If you think it is important to have the name of the person you can simply ask questions. Below is a list of three questions you could ask;

- 1) *Does anyone in this room know who the name of the person is that committed the act?*
- 2) *Did anyone in this room tell anyone else in this room the name of the person who committed the act?*
- 3) *Is it “due process” to tell one person in this room and not tell every person in this room the name of the person who committed the act?*

Make sure you record all of the answers from all of the people in the room, show them what you have recorded, and get them to agree that what you have recorded is in fact what they said. Make sure you also date and timestamp the information. If the meeting is an Inquiry this could be pertinent information if an Investigation is warranted. If the meeting is an Investigation, the recording of what is said and what is done is standard procedure. This is the reason it is standard procedure to have a Court Reporter present in all court proceedings.

If you have to use the word ”problem” make sure you give it a definition that makes sense, such as the following definition;

- 1) *Something that should be happening that is not happening.*
- 2) *Something that should not be happening that is happening.*

This definition will help you to have focus when the white people who practice racism (white supremacy) start talking about “your problem”. I

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have had this happen to me when I did not use the language correctly and use Counter-Racism Jiu-Jitsu correctly. All of a sudden the problem I am experiencing becomes my problem and the white people who practice racism (white supremacy) will tell you as they told me that they cannot help me with my problem. The use of the United States Constitution should focus the problem as being a problem for anyone who has sworn to protect and defend the United States Constitution. The use of Counter-racism Jiu-Jitsu uses the United States Constitution to get the smartest most powerful white people to solve the problem.

One question that I have asked using the definition of the word “problem” is as follows;

*Has there been a problem or a potential problem mentioned to anyone in this room where my name has been mentioned as a contributor and/or the cause of that problem or potential problem?*

If the answer to this question is “No” there is no need to go further. If the answer to the question is “No”, you have just received information that can help you, especially in your evaluation or performance appraisal. There is no need for you to receive a poor performance appraisal if you are not contributing to nor causing any problems. This question also helps you because if your name was mentioned in reference to a problem or a potential problem as a contributor or cause for either and you were not told and given ample time to correct that problem, that could be considered to be subversive behavior on the part of the person who withheld the constructive information. If the answer to the question is “Yes” then you can go on to ask additional questions about exactly what was the stated problem, what time and date was it stated, who stated it, and so on and so forth. You can and should ask why you were not told about the problem so that you could have been given the chance to correct the problem. There are many ways to handle this, such as is laid out on the audio included with this book. The non-white person simply asks that if everyone knew that there was a problem why they didn’t just correct it. And if they knew something wasn’t correct and they didn’t correct it that is not “due process”, since people are correcting things and solving problems all the time. So there are ways to arrange words and direct questions to the people who have the greatest ability to solve problems so that they can solve problems.

You may encounter at one time or another, on the job, that you are about to be mistreated. The person may say to you, as they said to me, that I

should've known something so because I didn't know what they said I should've known this or that will happen to me as a result. I did not know how to respond to this type of situation until I thought about it in detail. Or they may never actually say what is going to happen as a result of what you should've known; they may just mistreat you on the basis of that. Once I thought about it in detail I wrote the following and tested it in the form of an experiment in the process of running the "Using the United States Constitution as a Tool" experiment;

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### **Suggestion:**

When it appears you made a mistake on the job and it appears you are going to be harmed because of it always ask state the following:

**I was not properly trained to perform that duty. I did not know I was supposed to do what you are saying I should've done.**

Follow that statement by asking the following question:

**Are you going to help me or harm me because of something I didn't know?**

And you can always follow up with the following question:

**Is it correct to help or harm someone when they don't know something they should know?**

### **Reason/Explanation:**

This works better when your supervisor or manager says that you should've known. This usually happens before you get the question out. I have stated this numerous times and it works. You can also ask the following question:

**THE LOGIC** in using the experiment mentioned below is if your supervisor or manager has helped anyone at anytime when they did not know something they should've known but they do not help you, they are in the process of subverting the United States Constitution. Due process means doing things in the correct way and equal protection of the laws means whatever constructive help they provide someone else they should also provide you.

If someone is attempting to harm you based on something you did not know that is subversion of the United States Constitution's 5th and 14th Amendments **due process** and **equal protection of the laws** respectively.

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You could also just ask the following question;

*What should happen as a result of me not knowing something that you say I should've known, am I helped or am I harmed?*

You will find very few people if any that will go on record, in the midst of a conversation surrounding subversion of the United States Constitution, as stating that you should be harmed as a result of not knowing something that they say you should've known. Ask the question and wait for the person or persons you've asked the question to answer the question. Don't interrupt them when they are making the attempt to respond to your question. Once the people or person in the conversation admits that you should be helped and not harmed as a result of not knowing something you should've known you can begin to lay out exactly the help you need. You already have a commitment for receiving the help you need by the person admitting that you should be helped. You can phrase this question in a number of ways depending on the conversation and where you want to take the focus of the conversation. This is how to use the power of words so that they work to keep you from being harmed. You can even rephrase the question as such;

*Is it due process to help someone that does not know what they should know or is it due process to harm someone that does not know what they should know?*

In a conversation about the subversion of the United States Constitution the above question holds a lot of weight. You can completely change the focus of the conversation by asking the above question. If someone is focused on naming you as the person who is subverting "due process" they may change their tune to helping you instead of harming you. If it is found that someone in the room was the person who was subverting you in your duties can that person ask this question? Sure, and people can proceed to help you both that way nobody is mistreated and the person who needs help the most gets the most help. It doesn't get any better than that.

There is something scientific about asking a question. Once you ask the question you are on the offense. You can wait for the other people in the conversation to reveal their intentions by how they answer the questions you ask. A person who practices deceit does not want people asking them questions.

## Using Words Correctly

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The use of words is very important in an effort to solve problems without producing more problems. Not only does a person have to provide clarity but you also have to reveal truth in a manner that no person is mistreated and also the person who needs help the most get the most help. Sounds like a lot right? Not at all. When you begin to reveal truth in a manner that no person is mistreated and the person that needs help the most get the most help...most often times YOU will be the person who needs help the most if you are a non-white person. Why? Because the smartest most powerful people on the planet run the business of the world by making sure people ARE mistreated and also making sure that the people who need help the least, mainly them, get the most help in getting people to do what they want done. The way to solve problems without producing more problems is to make sure, to the best of your ability, in the process of solving any problem that you not mistreat anyone and also that you make sure that the person who needs help the most, in the process of solving that problem, gets the most help. This is the process for producing justice. There are some people who can help more people than you, and maybe even help people on a much broader scale than you. But you don't wait for them to do so. Non-white people can't wait for each other to do things. Think about where non-white people would be if all other non-white people were waiting on each other to get things done before they made a move. Now is the time to produce justice. Now is the time to produce correctness. And in order to do things correctly you must use words correctly.

I once heard Neely Fuller Jr. say;

*All of our thoughts are formed initially from words, so much so, that the words become more important than what you're seeing. This is the reason you can look at something and not even see it, because of the words that are already in your mind. You can look right at something happening and call it something else, because of the words that are already in your mind that describe what you're looking at.*

Whoever controls the definitions of words also control the behavior of people. What a person says is a direct result of what the person thinks. What a person does is a direct result of what the person thinks. And all people use



## How to Support and Defend the United States Constitution

words to think with. The correct use of words should result in the revelation of truth because words should be used to allow you to see what you are looking at. Anytime you have words that do not lead you to the truth or are not defined in such a manner that when they are used they reveal truth then you will most likely be confused by the use of the words, which results in you not understanding what you are looking at. There are a lot of words in the so-called dictionary that do not have definitions that make sense. And when these words are used they cause confusion, even if the people using them do not think they are confused.

First of all let's state the obvious, words in and of themselves have no meaning at all. They are just sounds and designs. Words are vehicles to be used in order for people to convey meaning. Different words have different sounds. The word "pretty", for example, in what is called the English language makes a certain sound. The word "bonita" in what is called the Spanish language makes a different sound. Look at both of those words. When a person sees the words it is easy to see that the words look different. Different lines on a page. When a person says those words the words make different sounds according to how people have been taught to pronounce the words. When both of those words are used, however, they are used to mean that the person using the word is expressing that they are viewing something or someone that is pleasing to look at, although to see the words they look different and to hear the words pronounced they sound different. There are many words even within the English language that are spelled the same (look the same) but when the words are used they are used to mean something completely different. And there are also words within the English language and many other so-called languages that are spelled differently but when they are used they sound the same but may or may not mean the same to the person using the word. The whole purpose for using a word is to do one of two things;

- (1) *Promote understanding (communication)*
- (2) *Promote misunderstanding (confuse communication)*

Even some of the letters that are used to comprise a word can make a certain sound in some words but different sounds in other words and sometimes letters are used that make no sound at all when the word is pronounced. So it is not the words themselves that cause confusion it is the use of the words by the person who is using the words. When a non-white person is having a conversation with a white person or another non-white

## Using Words Correctly

person and there are words that are used in such a manner that they do not promote understanding the first order of business is to ask for a definition of the word from the person who uses the word. If you miss the opportunity to ask for a definition of the word when someone uses a word that confuses you then you will fall behind in that conversation and not understand **exactly** what the person is telling you. The effect is confusion.

I used to ask for the definition of words when I became confused by a person using a word a certain way and most often times the response would be the person telling me to look up the word in “the dictionary”. Why would I do that when the person using the word is standing right next to me? Dictionaries are made by people. The people who write words in dictionaries are called Lexicographers. Lexicographers don’t sit around in a room with each other and come up with new words and new definitions for those words and/or existing words. They go out among people to see how words are used and as more and more use words and their definitions those words and their definitions wind up in dictionaries. For example, there was a time when the word “ain’t” was not in the dictionary and people were being told not to say the word “ain’t” because it wasn’t in “the dictionary”. The word “ain’t” is in the dictionary now because people continued to use the word with its definition. And as more and more people used the word “ain’t” with its definition the word “ain’t” and its definition was written into the dictionary by Lexicographers. Someone responded to me once by telling me to look up the word they were using in the dictionary if I wanted to know what the word means. I thought about that and because I had an understanding of the process for how words are written in dictionaries I looked up the word in a dictionary that was nearby and then asked that person if they meant what was written in the dictionary that I was holding. They looked at the word and its definition in the dictionary and said they didn’t mean that. This is very important to remember because no person that I know has ever looked up every word that they use in a dictionary to see what the definition is and then use the word according to the definition that is in the dictionary. So it is very important for non-white people to ask for the meaning of the word from the person who is using the word. I have found the best way to do this is to ask the following question;

*What do you mean when you say \_\_\_\_\_?*

You can fill in the blank with whatever word you need the meaning of. The question is phrased in this way because people actualize words, not the

other way around. When a person uses a word that person should know what the word means that they are using. If the person doesn't know what they mean when they say what it is that they say chances are they are not attempting to promote understanding. The white people who practice racism (white supremacy) do this to non-white people all the time and it causes confusion. And they know it causes confusion. The promotion of understanding results in clarity. The promotion of misunderstanding results in confusion. For example, I had a conversation once where someone told me "That is a nice suit you have. I really can't afford a suit like that.". I was puzzled by this since the person who told me had a salary that doubled mine. But after further discussion I found that what the person was attempting to convey is the differences in our build, meaning the way their body is shaped. What the person was trying to convey was that even if they had the same suit by the same manufacturer, but in their size, the suit would not look as good on them as it did on me. They used the word "afford" to convey this to me, which totally confused me. The person wasn't talking about paper money when they used the word "afford", they were talking about appearance money. When I looked up the word "afford" in the dictionary it did not say anything about being used in such a manner that conveys the meaning that the person has a different build than I. No need to go and get a dictionary when the person who is talking to you using the words that are confusing to you is standing right in front of you. The person who is talking to you is the person to explain what they mean when they say what they say, that is unless of course it is their intention to confuse you.

There is no such thing as a "language" that never changes. People change the way that they use words all the time. When people change what they mean when they use a word then the word is used in a different way, which results in the word itself taking on new meaning. When the word takes on new meaning Lexicographers who write words and their definitions in dictionaries will have to change the words and their definitions and/or add new words with their definitions in "the dictionary".

Never let anyone tell you that you cannot make up words and/or change the definitions of existing words because this is done all the time. People make dictionaries and if you are a person you can make a dictionary. Whenever there is a vacuum in understanding or there is confusion in the way words are defined then it becomes necessary to change the definitions of existing words or come up with new words and definitions to fill that vacuum in order to provide clarity. No need to start a whole new language when you are using words every day. Also, according to logic, you can't turn

the deceit on itself by learning Swahili. Knowing Swahili did not help the non-white people who knew it hundreds of years ago and it is not helping the non-white people who know it today unless they have found a way to use words to reveal truth in a manner that promotes justice and correctness. That's what it really boils down to; the use of words to reveal truth in a manner that promotes justice and correctness. Many of the words in dictionaries today are defined in such a way that when the words are used they do not allow the person to see what they are looking at. Words are defined under the SYSTEM of racism (white supremacy) to keep the SYSTEM going. So when you begin to define new words and/or redefine existing words so that when the words are used they provide clarity and allow people to understand what they are looking at you are working against the SYSTEM of racism (white supremacy) and the white people who practice racism (white supremacy) understand this. They don't want you to redefine the words that are in place because that will work against them. So when you begin to say that racism is white supremacy and white supremacy is racism they will not accept that as valid. They will say that every person on this planet is a member of a race and they will never be able to explain to you "why". According to Counter-Racist Logic only the people who are members of a race are race-ist. And the only reason to be a member of a race is to practice race-ism. Now to go further, you can say that black people are not members of a race, they are just black people. And going further, you can say that black people are victims of race because race is racism. The white people who practice racism (white supremacy) will not stand for that kind of talk and will proceed to move you to another topic of conversation or may even attempt to discredit you, which is something they enjoy doing. **You** will have to make up words that work against the SYSTEM of racism (white supremacy) because the smartest most powerful white people are not going to make them up for you. If you are sitting around waiting on the word to be written in a dictionary before you use it that will never happen if it is a word that is designed to work against the SYSTEM of racism (white supremacy) because the smartest most powerful white people control what is written in "the dictionary".

Once you begin to experiment with how words are used you will become smarter at how to use words. The intent of the person using the word carries a lot of weight in terms of whether the word is used for the purpose of communication or to confuse communication. But intent can only be measured in what a person does. Becoming smarter at how to use words is part of the process for replacing the SYSTEM of racism (white supremacy)

with a SYSTEM of justice. This book, for example, is about supporting and defending the United States Constitution which is a lot of words written on paper. I did not write the United States Constitution but I can use it. Words are just a tool that can be used to either promote understanding or to promote misunderstanding.

Every person is smart at doing something. A person that can run faster than you is smarter at being able to run faster than you. When it comes to being the smartest at controlling the behavior of people, the white people who practice racism (white supremacy) are the smartest people in the known universe and they prove they are smarter by getting people to go along with what they say and/or do. They develop the tools that they need to prove they are smarter... words. When they can no longer use the tool called words to control your behavior they use a tool called direct violence and they develop this tool and use it with so much precision and efficiency that you will be so afraid you will go along with what they say and/or do. The words are developed in such a manner that when the words are used the people who they (the white people who practice racism white supremacy) want to subject to mistreatment on the basis of color (non-white people) are deceived, which confuses them about what they are looking at. The white people who practice racism (white supremacy) use words as precision tools. Non-white people do not. Hundreds and even thousands of these words are in existence right now that when used these words keep non-white people reacting to what is being said and/or done. Keep in mind that words are only sounds and designs. Use a sound or a design and get other people to react to it. One of the big ones that is going on now is the word "nigger". Why has the word "nigger" lasted so long? Because it doesn't have a definition that makes sense. If you look up the word "nigger" in "the dictionary" you may find a definition that is similar to something like "a derogatory term" or "a disparaging term". But "the dictionary" doesn't tell you why it is derogatory or disparaging. I even found one definition that says;

*1. Slang: Extremely Disparaging and Offensive.*

*(a.) a black person.*

*(b.) a member of any dark skinned people.*

*2. Slang, Extremely Disparaging and Offensive. A person of any race or origin regarded as contemptible, inferior, ignorant, etc.*

*3. A victim of prejudice similar to that suffered by blacks; a person who is economically, politically, or socially disenfranchised.*

It is supposed to mean something that is an insult to non-white people. That is the “assumption”. So the non-white person reacts to the word “nigger” when they are called nigger by white people and not ever really know what the white person is talking about because non-white people hardly if ever ask the white person what they mean when they use the word “nigger”. What the white people who practice racism (white supremacy) are really talking about when they use the word “nigger” to refer to non-white people is that non-white people are subject to them. Not knowing what the white person really means, the non-white person becomes confused and because the non-white person thinks it may mean something “derogatory” the non-white person becomes angry. That is the reaction. People who are angry do not think in a clear and concise manner. So the white person that uses the word “nigger” just keeps calling the person that THEY SAY is not white (non-white person) the word “nigger” and laughing and the reaction to the name-calling and laughter is that the non-white person becomes angrier and angrier. The white person just keeps laughing and pointing at the person they are calling nigger. Just laughing and pointing, pointing and laughing. The non-white person keeps getting angrier and angrier. The white people who practice racism (white supremacy) have engineered the reaction to the word “nigger” such that they have non-white people arguing with each other about the use of the word “nigger”. The white people who practice racism (white supremacy) have the usage of the word, based on its definition, and the reaction to the usage of the word “nigger” so refined until they do not even need to be part of the conversation. I have heard some non-white people say that there are “black people” and “niggers” and that the “niggers” are “the problem”. That is precision engineering on the part of the white people who practice racism (white supremacy). They have found a way to get the non-white people fighting and killing each other over the use of a word that the non-white people didn’t even define. At some point non-white people are going to have to become **masters of words** instead of allowing words to master them if they are ever going to find their way out of this mess. Give words definitions so that when the words are used they work against the SYSTEM of racism (white supremacy).

How does one master words and at the same time have those words work against the SYSTEM of racism (white supremacy)? Simple, give words definitions so that when the words are used the words reveal truth in a

manner that promotes justice and correctness. The use of words that are defined by the white people who practice racism (white supremacy) promote non-justice and incorrectness.

Let's master the word "nigger". We'll use as the corollary, the process of a Samurai who masters the sword called the Katana. How does a Samurai master a Katana sword?

Does a Samurai, in his attempt to master the Katana sword refer to it as "The 'K' Sword"? No, that is the result of not understanding what you are looking at. Following that logic, it is easy to understand why non-white people react to the word "nigger" by calling it "The 'N' Word". We don't understand what we're looking at. Calling the word "nigger" "The 'N' Word" is not part of the process for mastering the word "nigger". In fact by calling the word "nigger" "The 'N' Word" you are not mastering the word "nigger"; you are supporting the definition of the word "nigger" given to it by the smartest most powerful white people. Why? **You don't have command of the definition.** The Samurai understands that by calling the Katana sword "The 'K' Sword" he hasn't mastered anything and will most likely be harmed in a battle against someone who has mastered the Katana sword. By referring to the word "nigger" as "The 'N' Word" the non-white person has **not** yet understood that he or she has not mastered the word "nigger" and will most likely be harmed by the use of the word "nigger" when it is used against them by a white person who practices racism (white supremacy).

Does a Samurai, in his attempt to master the Katana sword bury it in the ground and proclaim that the Katana sword is dead? No, that is the result of not understanding what you are looking at. Following that logic, it is easy to understand why non-white people react to the word "nigger" by attempting to bury it in the ground and proclaiming it to be dead. We don't understand what we're looking at. Burying the word "nigger" in the ground and proclaiming it to be dead is not part of the process for mastering the word "nigger". In fact by burying the word "nigger" in the ground and proclaiming it to be dead you are not mastering the word "nigger", you are supporting the definition of the word "nigger" given to it by the smartest most powerful white people. Why? **You don't have command of the definition.** The Samurai understands that by burying the Katana sword in the ground and proclaiming it to be dead he hasn't mastered anything and will most likely be harmed in a battle against someone who has mastered the Katana. By burying the word "nigger" in the ground and proclaiming it to be dead the non-white person has **not** yet understood that he or she has not

mastered the word “nigger” and will most likely be harmed by the use of the word “nigger” when it is used against them by a white person who practices racism (white supremacy).

Does a Samurai, in his attempt to master the Katana sword ask other Samurais not to use their Katana sword? No, that is the result of not understanding what you are looking at. Following that logic, it is easy to understand why non-white people react to the word “nigger” by asking other people, white and/or non-white, not to use the word “nigger”. We don’t understand what we’re looking at. Asking other people, white and/or non-white, not to use the word “nigger” is not part of the process for mastering the word “nigger”. In fact by asking other people, white and/or non-white, not to use the word “nigger” you are not mastering the word “nigger”, you are supporting the definition of the word “nigger” given to it by the smartest most powerful white people. Why? **You don’t have command of the definition.** The Samurai understands that by asking other Samurais not to use their Katana sword he hasn’t mastered anything and will most likely be harmed in a battle against someone who has mastered the Katana sword. By asking other people, white and/or non-white, not to use the word “nigger” the non-white person has **not** yet understood that he or she has not mastered the word “nigger” and will most likely be harmed by the use of the word “nigger” when it is used against them by a white person who practices racism (white supremacy).

Does a Samurai, in his attempt to master the Katana sword refer to it as the acronym K.A.T.A. and assign a word to each letter in the acronym that is defined by someone else? No, that is the result of not understanding what you are looking at. Following that logic, it is easy to understand why non-white people react to the word “nigger” by referring to it as N.I.G.G.A. and assigning a word to each letter in the acronym that is defined by someone else. We don’t understand what we’re looking at. Referring to the word “nigger” as N.I.G.G.A. and assigning a word to each letter in the acronym that is defined by someone else is not part of the process for mastering the word “nigger”. In fact by referring to the word “nigger” as N.I.G.G.A. and assigning a word to each letter in the acronym that is defined by someone else you are not mastering the word “nigger”, you are supporting the definition of the word “nigger” given to it by the smartest and most powerful white people. Why? **You don’t have command of the definition.** The Samurai understands that by referring to the Katana sword as the acronym K.A.T.A. and assigning a word to each letter in the acronym that is defined by someone else, the Samurai hasn’t mastered anything and will most likely



be harmed in a battle against someone who has mastered the Katana sword. By referring to the word “nigger” as N.I.G.G.A and assigning a word to each letter in the acronym that is defined by someone else, the non-white person has **not** yet understood that he or she has not mastered the word “nigger” and will most likely be harmed by the use of the word “nigger” when it is used against them by a white person who practices racism (white supremacy).

Does a Samurai, in his attempt to master the Katana sword try to ban the use of Katana swords everywhere in the known universe? No, that is the result of not understanding what you are looking at. Following that logic, it is easy to understand why non-white people react to the word “nigger” by attempting to ban the use of the word “nigger” everywhere in the known universe. We don’t understand what we’re looking at. Attempting to ban the use of the word “nigger” everywhere in the known universe is not part of the process for mastering the word “nigger”. In fact by attempting to ban the use of the word “nigger” everywhere in the known universe you are not mastering the word “nigger”, you are supporting the definition of the word “nigger” given to it by the smartest most powerful white people. Why? **You don’t have command of the definition.** The Samurai understands that by attempting to ban the use of the word “nigger” everywhere in the known universe, the Samurai hasn’t mastered anything and will most likely be harmed in a battle against someone who has mastered the Katana sword. By attempting to ban the use of the word “nigger” everywhere in the known universe, the non-white person has **not** yet understood that he or she has not mastered the word “nigger” and will most likely be harmed by the use of the word “nigger” when it is used against them by a white person who practices racism (white supremacy).

So how does the Samurai master the Katana sword? The Samurai has to define the usage of the Katana sword and become efficient at its usage until he masters its usage and does so with such precision that whatever Samurai wields a Katana sword against him that Samurai is not able to harm him. For the Samurai, the efficient precision usage of the Katana sword is not about how he feels. It is about being able to become so proficient at its use and have everyone else aware that he is so proficient at using the Katana sword that he will not have to use it. For a person to master words the person must first define the usage of the word and master its usage with such precision that whoever attempts to use the word against the master of the word they will not be able to harm the master of that word. The result will be that if the person masters the word and does so

with such precision and efficiency, and makes others aware the person is efficient at its usage and that others cannot harm the person with the word that they have become a master of then other people will eventually stop attempting to use the word to harm them. The one who is able to master words is also able to master their own behavior because we all use words to think with.

The Samurai that masters the Katana sword masters the behavior of others around him as well. The proven techniques of the Samurai who masters the Katana sword can force others around him not to use their Katana swords against him. What it really boils down to is mastering your own behavior. Non-white people do not currently master their behavior. Since we all use words to think with and speech and action (behavior) comes from thoughts, if you become the master of the definitions of the words you will not only master (control) your own behavior (thought, speech and/or action) but you will also control the behavior of others around you. If someone else becomes the master of the definitions of the words that you use to think with, those are the people who will master (control) your thoughts, speech, and/or action (behavior).

Mastering the word “nigger” is not difficult when you do not lie to yourself. I remember my great-grandmother saying, when I was only a little boy; *“the truth only hurts if you are living a lie”*. When you start telling yourself the truth it is going to feel a little weird. Giving the word “nigger” a definition that reveals truth about how the SYSTEM of racism (white supremacy) works, and at the same time, using the word “nigger” to work against the deception itself is pretty simple. Let’s try this on for size; *a nigger is a non-white person that is subject to racism (white supremacy)*. Now what have we done? We’ve taken the word “nigger” and given it a definition that explains that the word “nigger” is not an indictment of non-white people but it is a description of non-white people because of what is being done against them. And non-white people can go further to add some dimension to the word by saying that a black person is taken, under the SYSTEM of racism (white supremacy), through a process of niggerization. To end this process you have to end racism (white supremacy), through codification, and that is the process of de-niggerization. In essence, the definition is describing that non-white people are prisoners of injustice. The white people who practice racism (white supremacy) will never go with that definition for the word “nigger” because it reveals truth about the SYSTEM of racism (white supremacy) and how it works.

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The SYSTEM of racism (white supremacy) makes subject people out of all non-white people. The white people who practice racism (white supremacy) will even confuse the mistreatment, so much so, that not all non-white people receive the same amount of mistreatment nor at the same time even when the non-white people look just about the same. But they are all subject to the white people who practice racism (white supremacy). By defining the word “nigger” as such non-white people reveal truth about how the SYSTEM of racism (white supremacy) works. No deceiver wants you to reveal truth about what they are doing or why they are doing it. This definition also reveals truth about the position of non-white people as subject people under this SYSTEM. It also reveals truth about the position of the white people who practice racism (white supremacy). Understanding your position in this SYSTEM of non-justice is critical. Remember what we explained about reading a map on pages 37/38? And how finding your position, where you’d like to be and the most logical path to get from where you are to where you’d like to be is critical? Unless you tell yourself the truth about where you are you may never be able to get to where you need to be.

The most economical tool non-white people can use to produce a SYSTEM of justice is a tool called words. By changing the definition of the word “nigger” so that it reveals truth in a manner that promotes justice we are on our way to producing justice and doing so systematically. Words can be used in every area of people activity including Economics, Education, Entertainment, Labor, Law, Politics, Religion, Sex, and War. These areas of people activity coupled with how the white people who practice racism (white supremacy) run the business of racism (white supremacy) make up the SYSTEM itself. By giving the word “nigger” the definition as stated non-white people will begin to erode the SYSTEM of racism (white supremacy) from within. As long as non-white people can use words to keep from being harmed they are using the weight of the SYSTEM of racism (white supremacy) against itself because the white people who practice racism (white supremacy) use words in such a manner that it results in non-white people being harmed.

Using that one definition of the word “nigger” will keep non-white people from getting angry when they hear someone use the word. It will also result in the white people who practice racism (white supremacy) becoming reluctant to use the word “nigger” of fear that if they do your definition of the word will put the focus on them. If the smartest most powerful white people can’t keep non-white people focused on and in conflict with each other the SYSTEM of racism (white supremacy) will fall

apart. Once non-white people begin to master the word “nigger” there will be a noticeable change in their behavior. Non-white people will not react to white people using the word “nigger” by becoming angry, or by having long discussions about the use of the word, or by being “focused on and in conflict with each other”, or even by having meetings and million dollar conferences to study the use of the word and its effect on non-white people. The entire focus of non-white people will change about how they view what they are looking at. Their focus will become clearer and sharper with this definition and they will begin to see what they are looking at. In essence you will have mastered your own behavior and the behavior of the people who use the word “nigger” against you. This, in essence, is what the Samurai who masters the Katana sword does. By defining its usage and mastering its usage the Samurai who masters the Katana can keep other Samurais from using their swords and can do this without ever having to draw his sword. When non-white people become masters of words, meaning using words to reveal truth in a manner that promotes justice and correctness, the white people who practice racism (white supremacy) will have to go to their second category, which is direct violence. As a result of the non-white people becoming smarter at how words work and using words to reveal truth in a manner that produces no person being mistreated and the person who needs help the most getting the most help, the white people who practice racism (white supremacy) will have to kill larger numbers of non-white people and/or, better still, have the non-white people kill each other in larger numbers.

Currently the masters of words on this planet are the white people who practice racism (white supremacy). But they are not only masters of words they are also masters of deception, masters of trickery, masters of treachery, masters of death, we could go on and on. By mastering words they master their own behavior and also the behavior of other people. These are the people who determine who gets food, water, shelter. These are the people whose money is the standard for all other money. These are the people who run the world monetary system. These are the people who decide who gets nuclear weapons on this planet, who decides which so-called “non-white nation”, whatever that means, owes how much money to whatever so-called “organization”. And these organizations are even run by them. This is a message that will be very difficult for some non-white people to accept. As with all Counter-Racism, the most important question you can ask yourself is, “Is it true?”. Then take a long hard look at the evidence and ask yourself what you are going to do about it.

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One of the first things you'll want to consider is to be the first person to yell FIRE! in a burning building. The person who yells FIRE in a burning building is always the hero. That is the person who starts the process of getting the people out of harm's way who should not be harmed so that the people who have the ability to put the fire out can do so. After the people who have the ability to put the fire out have done so, the people who have the ability to investigate the cause of the fire can do so. After the people who have the ability to investigate the cause of the fire have determined the cause of the fire they can pass on the responsibility to the next logical group of people and that group is the group of people who investigate who started the fire, if it was determined that the fire was started by a person. These are the people who begin to ask people questions about the fire and they also try to find out if the people they are questioning have any history of being involved in buildings burning. This is the procedure for making sure no person is mistreated and also making sure the person who needs help the most get the most help if there is a fire in a burning building.

Problems that arise on the job are the same as fires in a burning building and far too often it is the non-white people who are the ones who get burned. The logic for what to do when a fire breaks out in a building can also be used to keep non-white people from being mistreated on the basis of color.

Have you ever heard the phrase "last hired and first fired" in referenced to non-white people? This is reference to non-white people being mistreated on the basis of color. There are many other phrases and cliché terms that are used to refer to the way non-white people are mistreated on jobs but they make little or no traction in terms of you getting the help you need when you need it. When there is a problem on the job, or a suspected problem, all of the people who should not be harmed should be moved out of harm's way so that the people who have the ability to solve the problem can go about the business of solving the problem. Far too often the non-white people are not moved out of harm's way and are usually the people who are impacted the most. The problem solving method on the job that is used most, where non-white people are concerned, is to give the non-white people the worst responsibilities, or the worst performance ratings, or to just get rid of the non-white person altogether. This is done directly and

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indirectly. By indirectly it is meant that rather than come right into your office and tell you to your face “You’re fired” the person will say something and/or do something that will make you want to leave or the white people who practice racism (white supremacy) may hire a non-white person into a prominent position in the company and give them the responsibility of firing a large percentage of the non-white staff. EEOC can’t help you if you are a black person that is fired by a black person. See how that works?

Far too often the logic that is used to ensure no person is burned by fire in a burning building is drastically different than the logic that is used when you are on the job and in trouble and they come to get you to walk you down the hall to speak with whomever has the ability to fire you on the spot. If it is not you that they want to fire they may just want to ask you questions about someone else while they are in the process of building their justification for mistreating someone on the basis of color, instead of helping them. It is the equivalent of you yelling fire in a burning building and someone saying “nobody move until we find out who started this fire so that we can take care of them right now”...while the building is burning. The logic doesn’t make sense.

A code is just a way of getting things done. Getting things done means two things, something that you say and something that you do. And you want what you say to be said in the best way possible. You also want what you do to be done in the best way possible. A Fire Code is just a list of things to say and things to do that are supposed to be the best things to say and the best things to do if you are in a building of any kind and you suspect that building may be burning. This list of things to say and things to do if you are in a building that you suspect may be on fire gets updated periodically when there is a circumstance when it is found that what was in the list of things to say and things to do were not necessarily the best things to say and the best things to do to ensure that no person is mistreated by fire. The overall objective is to make sure no person is mistreated and the person who needs help the most get the most help when you are in a building of any kind that is on fire. Most of the codes that are in existence today are the same in that regard. There is a plumbing code, electrical code, counter-racism code, etc. The Fire Code has even gone further such that it doesn’t only apply to what people say and/or do but also applies to how buildings are constructed as well. That is the nature of a code, it may start out as a simple list of things to say and/or do in your interaction with other people but if adapted by a substantial number of people any code can quickly move from the protection of people to the protection of things in such a manner

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that things protect people. Once people accept parts of a code and use them in their daily activities, and more and more people use them, these parts of a code become how people conduct their business from day-to-day with each other in order to help the people who need help the most get the most help without mistreating anyone. The list gets longer with more and more things to say and/or do and branches out into the manufacturing of items such as fire extinguishers, the suits that the people who put out fires wear because far too often while fighting a fire in a burning building, the people who are putting out the fire are the people who need help the most. That is the natural progression of a code.

This brings us to a Counter-Racism Code. A Counter-Racism Code is also a list of things to say and things to do that are designed to keep people from being mistreated on the basis of color. In its fully evolved state Counter-Racism Code is designed to produce a SYSTEM of justice. Like a Fire Code that helps people if they are in a burning building, a Counter-Racism Code helps people in all areas of people activity including Economics, Education, Entertainment, Labor, Law, Politics, Religion, Sex, and War.

The United States Constitution is part of Counter-Racism Code. It is just words that the smartest most powerful white people hold as the “supreme law of the land”. The United States Constitution is not only comprised of just words but it is comprised of words that you can use to keep you from being harmed because these words are held in the highest regard by the smartest most powerful white people. So if someone wants to challenge you on supporting and defending the United States Constitution they are also challenging the smartest most powerful white people. Even the white people who are not among the smartest do not want to challenge the white people who are.

How does one support and defend the United States Constitution? You support the United States Constitution by using it. You defend the United States Constitution by using it in such a way as to keep other people from misusing it. The United States Constitution is written for you to use it until the smartest most powerful white people tell you it is not written for you to use it. Since the smartest most powerful white people use deceit as their primary weapon against people **they say** are not white (non-white), they will tell you it is for you to use and that you should protect and defend it with your life and at the same time try to get you not to use it without actually telling you not to use it. Or they will try to get you not to use it by interpreting parts of it as though those parts of it do not refer to you. That is part of the deception. So by turning the deception on itself you are using

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the weight of the SYSTEM of racism (white supremacy) against itself. This is Counter-Racism Jiu-Jitsu. Each non-white person who is interested in and wants to become involved in replacing the SYSTEM of racism (white supremacy) with a SYSTEM of justice should go about the business of building a code of thought, speech and action for them to use as individuals whereby they say and do things in the **best** possible way, so that no one can say or do them better, all toward the production of a SYSTEM of justice.

I will present four examples of how I have used Counter-Racism Jiu-Jitsu in the past. All of these examples were used on the job and have worked beautifully but the use of Counter-Racism Jiu-Jitsu is not only limited to situations similar to these. Counter-Racism Jiu-Jitsu can be used in any area of people activity.

I blanked out the names of people in the pictures of e-mails that are included in this chapter. In following Counter-Racist Logic, Name-Calling is not only when a person calls someone else a name that they do not want to be called but it is also when names are used that result in a person being harmed.



## Counter-Racism Jiu-Jitsu - One

I made mention on page 50 of when I held a job as a Webmaster on a contract for the United States Government. I started working this contract around the year 2000. I was accused of “creating a Denial of Service” against the United States Government. This is a serious charge. It is tantamount to hacking into a government computer. My co-worker, a white male, and I were called into a meeting with the Chief Information Officer [CIO] (white male), the Systems Architect (white male) and his top report the Network Architect (white male), the Systems Administration Manager and me and my co-workers manager (non-white female). All of the managers in this room reported to the CIO. The Network Architect reported to the Systems Architect.

The Network Architect started out by presenting stacks of paperwork which he said was proof that someone created a Denial of Service attack on one of the web servers at a certain time and that I was the only person on that server at that time. He also included that the server is still down as a result of the Denial of Service. After he completed his presentation of “the facts” the CIO cleared the room of everyone except the managers. The Network Architect, my co-worker and I had to leave. The CIO said it was necessary to clear the room so that the managers could discuss how they were going to handle this situation, so the three of us left the room.

I took the time to write down what I was going to say and how I was going to say it. I wrote my “opening statement”, several questions and re-read my Counter-Racism Science experiment to see if there was anything I could use and to get a better understanding of how the flow of the meeting should go. I also took the time to print out copies of the United States Constitution for everyone in the meeting. By the time they came to get me for the meeting I was still at the printer printing out copies. I finished quickly and was the last person to walk into the meeting.

This was not a meeting that I called. I was asked to participate in this meeting that was called by someone else. In this meeting I wasn't going to be the person who yelled FIRE! The Network Architect had already done this. No problem there. According to the Fire Code the procedure or next step was to get the people out of harm's way who should not be harmed. I decided I was one of those people.

Once we were all seated in the meeting my manager, the only other non-white person in the meeting, opened the meeting with a statement of

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why the meeting had been called, what evidence had been found, how serious the charge was and what the procedure was for handling the charge. My manager then proceeded to ask me to explain my actions. This was done even before I had been charged with anything.

This is not the process if there is a fire in the building so the logic of what was done does not make any sense. Not if the goal objective is to get the people out of harms' way who should not be harmed, put the fire out and then investigate how the fire started. I was being rail-roaded! Remember what I explained at the top of page 25 under Counter-Racism Code? Two non-white people against each other while the white people sit back and watch the effect of the confusion? It was playing out right before my eyes! Rather than feed it by focusing on and being in conflict with a non-white person I began *to minimize conflict by minimizing contact* with my manager. There was no reason for me to ask her anything after she said what she said. The CIO who was the head of the meeting could've made the opening statement for the meeting to commence.

After my manager finished opening the meeting and asked me to explain my actions I paused and looked everyone in the eyes for a brief moment and while staying seated I passed out copies of the United States Constitution to everyone at the table. I didn't want to jump up and startle anyone. The Network Architect moved one of the stacks of paper he had to the floor in order to place the copy of the United States Constitution in front of him. I responded by making the following statement:

*I signed on to this contract to do my duties and I always do what I'm told according to the support of the Constitution of the United States. In the performance of my duties I have probable cause to believe that someone is subverting me. That someone is subverting the Constitution. I am asking for help from the people who have sworn to protect and defend the Constitution of the United States to assist me in finding out who this someone is.*

I made my statement in a calm monotone voice while looking all of the participants of the meeting in the eyes briefly. I kept both of my hands on the table in front of me. As I sat there with my copy of the United States Constitution in front of me along with a pad and a pen to write with, the Network Architect became very fidgety. The Systems Architect asked me the following question;

*What are your duties?*

I responded by saying;

*To support and defend the United States Constitution.*

I was polite in my response. I was also courteous although I never smiled. I had practiced my “poker face” for moments such as these and I was able to put it to good use. By making the statement that I made and saying that my duties were to support and defend the United States Constitution I was now on the offense. And the other people in the meeting could see, based on what I said that my focus was to support and defend the United States Constitution and that I was not going to waver from that. Too often non-white people find themselves always on the defense in these circumstances and I would’ve been as well had I not produced Counter-Racism Code through running Counter-Racism Science experiments that resulted in the Counter-Racism Jiu-Jitsu method. No one in the room was going to challenge my response by saying that I have no duty to support and defend the United States Constitution because by doing so they make themselves look suspicious. Remember the 2<sup>nd</sup> pressure point of Counter-Racism Jiu-Jitsu? How the white people who practice racism (white supremacy) don’t want to unveil the deception and the white people who do not practice racism (white supremacy) are not smarter and more powerful than the white people who practice racism (white supremacy) who are phantoms? By understanding what I do, I understood what I was looking at. The best way for me to put to use my understanding at this time was to let the smarter more powerful white people do what they do best, which is to use their muscle to control the behavior of people.

The Network Architect became even more fidgety and began to talk making the charge that I was the person “responsible” for creating the Denial of Service attack. You have to listen carefully to the words that are being used. He didn’t say I did it, he said I was responsible. The Systems Architect attempted to calm him down. The other people in the meeting were not saying anything. We were all sitting around looking at each other. The CIO sat back in his chair and placed his hand on his chin as if he was in deep thought. The Network Architect stood up and raised his voice making direct accusations this time that I was in fact the person who created the Denial of Service attack. He went from saying that someone had done it to saying that I was responsible for it to saying that I was the one who created the Denial of Service attack. As I sat there, poker faced, looking at the other managers as they sat there looking around the room as well I noticed how

## Practical Applications

quiet my manager had gotten. She had not spoken a word since she made the opening statement for the meeting. While still standing, the Network Architect began to flip through the pages of reports he brought in with him asking me where I was at specific times of the day. He became very loud and unrefined in his approach to attempt to convict me of something. Remember what I said on page 33 under the 3<sup>rd</sup> pressure point of Counter-Racism Jiu-Jitsu about the tables being turned where the white people become erratic and the non-white people sit calmly and quietly when they use Counter-Racism Jiu-Jitsu? It was happening right before my eyes. In other words, because of my understanding of how things work I understood what I was looking at. The best way to use my understanding at this point is to let the smartest most powerful white people do what they do best, which is to use their muscle to make sure no one was mistreated and also to make sure the person who needed help the most got the most help.

I never said anything regarding the servers or the Denial of Service attack or who may have been guilty of doing it. I stayed in the **Inquiry** lane. I did not venture into the **Investigation** lane by asking questions about the Denial of Service attack nor did I enter the **Indictment** lane by accusing someone else of performing the Denial of Service attack. I did not try to buck the people in the room and back them into a corner by proving I could use words just like they can and so it was going to be a battle of words and let's see who wins. No...no, I said what needed to be said in order to let the smartest most powerful white people in the meeting use their muscle to make sure no one was mistreated and also to make sure the person who needed help the most got the most help.

After approximately 15 minutes of this the Systems Administration manager got up from his chair and walked to the other side of the table where the Network Architect stood and tried to get him to sit down and to calm down. What the Network Architect did not understand was that the more he raised his voice and the more he pointed at me and accused me of "creating a Denial of Service attack" the more he looked like the person who was attempting to subvert the Constitution of the United States. Apparently the Systems Architect and the Systems Administration manager understood this, which may have been the reason they were trying to get him to back off. The CIO just sat there listening and watching what was transpiring.

After about 10 more minutes of almost silence the CIO spoke up and said that he suspects that what happened on the server was "incidental". He asked all of the managers to bring him a copy of their processes and

## How to Support and Defend the United States Constitution

procedures to date. After this we all adjourned. When leaving out of the room I heard people talking and as I looked back over my shoulder I saw the Systems Administration manager talking to the Network Architect and overheard him saying “*don’t worry, well get him*”.

The entire meeting lasted approximately 45 minutes but what the CIO said about the denial of Service being “incidental”, whatever that means, he could’ve said without there ever being a meeting. So what was the purpose of the meeting? Presumably to charge a non-white person with something and have another non-white person lead the charge by making the opening (leading) statement of the meeting. And all of the things that come as a result of being convicted of that charge such as suspension for the non-white person convicted or probation or demotion or even up to being fired and being brought up on “federal charges”.

Incidentally, no one ever found out who the person was who was subverting the United States Constitution and no one ever mentioned that situation to me ever again. It was almost like it never happened. I had a few visits after that from the CIO who stopped by my cubicle to get me to come to his office to talk. He never said anything about that incident. We always talked about politics or Webmaster/Internet news. That is to be expected.

## Counter-Racism Jiu-Jitsu - Two

On this particular occurrence I was given a rating of “Basic Contributor”. The performance rating scale existed as follows;

- (1) *Exceptional Contributor*
- (2) *High Contributor*
- (3) *Successful Contributor*
- (4) ***Basic Contributor***
- (5) *Unsatisfactory Contributor*

There is a criterion that goes along with each category. I was new to this job and the job contract was new as well. I was given multiple job responsibilities to perform while the employer hired more people to do the jobs that needed to be done. While people were being hired to perform many tasks no one was being hired to perform any of the multiple roles I was performing.

To start this job one of the criteria I asked for was that no one would request me to do anything that was in subversion of the 5<sup>th</sup> and 14<sup>th</sup> Amendments of the United States Constitution. I had never done this before and my manager (white female) later said she thought it was odd to read that but I followed THE LOGIC because I knew it would come in handy.

-----Original Message-----  
From: Edward Williams [<mailto:EWilliams5@cms.hhs.gov>]  
Sent: Tuesday, June 22, 2004 8:11 AM  
To: [ewilliams3@comcast.net](mailto:ewilliams3@comcast.net); [REDACTED]  
Subject: Re: FW: Offer

[REDACTED]

I accept the attached offer contingent upon three things which are as follows:

- (1) I am eligible to receive my Lockheed Martin merit increase awarded October of 2004.
- (2) The start date for employment on the ITS-ESE contract be July 5, 2004.
- (3) All of the work I am asked to do is in accordance with the "due process" clauses of the United States Constitution.

Is this acceptable?

Edward L. Williams Jr.  
Lockheed Martin CIITC - CMS Webmaster  
(410) 786-0577 - Phone  
(443) 271-8781 - Cell Phone

## How to Support and Defend the United States Constitution

When I first started this position I was given a nice office in the corner of the building with wrap around windows and was sent to several training classes offsite. My manager (white female) soon left the contract and I was asked to report to a new manager (white male). Not long after I was asked to perform certain tasks that had nothing to do with what I had been trained to do. No problem there. I started performing the tasks and took on the multiple roles. I requested to be trained on everything I was tasked to do and when I was asked why I needed the training I responded by saying “**in order to do my job correctly**” (page 57/58). As time went on I accepted more roles and responsibilities. When I requested to get my roles and responsibilities written I was always put off.

Many times employers will not write down the roles and responsibilities for a position. They understand that employees can use that to their advantage to show when and where they were asked to perform tasks outside of those roles and responsibilities and thusly request compensation for performing tasks that are “above and beyond the call of duty”. Employers would rather tell you that whatever they ask you to do is your job and have your day-to-day tasks based on how they feel and what they feel you should be doing at any given time. That way they can give you a performance grading based on how they think you performed, not any actual measurable data. If you are a non-white person you probably know too well how that works.

I had weekly meetings with my new manager and one of the standing topics on the meeting agenda was to get me training for the tasks I was performing at the time in order for me to be able to **do my job correctly**. My manager stated at one time that I was performing my job so well I should consider training others instead of asking for training. It didn't take long before I had a host of job responsibilities and still no training.

Employers are skeptical about training people because they don't want to be in a position where they provide their employees thousands of dollars of training and the employees take their certifications to another company to make more money. This is understandable from a business perspective. But not to train someone to do something that you have tasked them to do? Remember page 58? **Telling, Training, Testing**. That's the process. Giving a person a task and then testing them on it, without training them on it is Racist Logic. Many non-white people fall prey to this and as a result rarely get the training they need to get their pay raises on time and get their promotions on time. Counter-Racist Logic is to “*ask for what you should be given, accept what is granted and compensate for the difference*”. Many white people

## Practical Applications

understand this and will hint to you that you may have to pay for the training yourself and use your vacation time to take time off...without actually using those words. So according to Counter-Racist Logic I was in the “*ask for what you should be given*” stage. I had not yet accepted what was granted because no one told me that I was not going to get any training for the tasks I was asked to perform. People would use words to try to make me feel as though I was not going to get any training and for many non-white people this is enough for them to stop asking for training. But if you understand what you are looking at you will understand that the more you ask for training, in a professional manner, and the more they deny you training the better you look and the worse they look. I kept asking and they kept going about the business of acting like I wasn’t asking. The “Theory of Holes” is that there is no way to dig your way out of a hole. I kept requesting training and they kept digging, making the hole deeper and deeper. In order to get out of the hole you have to do the correct thing, which is to climb out. Doing the correct thing means producing justice.

One other standing topic on the meeting agenda was to get my roles and responsibilities written. Without these written I never know how I am performing against them and when I was living up to or exceeding expectations. Some managers prefer to manage this way since it lets them off the hook, so to speak, so that they can say that whatever they task me with **is** my job. But the position I was hired to fill had to have roles and responsibilities associated with it and a salary range associated with it otherwise there is no way to adequately and accurately bid the position. In other words, when the position was established there had to be level of education associated with it, salary range, experience preferred, knowledge preferred, etc. So why wasn’t the roles and responsibilities not passed on to me? I would soon find out. Another hole being dug.

Before long it was time for my Performance Appraisal. All year long I kept a daily running record of all of the tasks that I performed. It wasn’t difficult to do since weekly status reports were required. I made sure I put detailed information in my weekly status reports that I could easily copy into one document as bullet points for a quick easy overall review. My Performance Appraisal took all of 10 minutes. The next day I was called into my manager’s office so that we could perform a quick review of my Performance Appraisal and he could tell me how much my salary increase was as a result of my grading. I expressed a concern with my grading of “Basic Contributor” to my manager who responded by telling me if there was a problem “we” should talk with Human Resources about it. I went back to



## How to Support and Defend the United States Constitution

my office to get the rest of my things in order (Counter-Racism Science experiments, copies of the United States Constitution, list of questions, bulleted list of accomplishments, etc.).

I understood that the path through the Human Resources to EEOC to file a grievance, etc. was the long path that is laid out for non-white people to take and that it may not get you anywhere. Remember pages 47/48? But since my manager suggested I go to HR I planned to go because I didn't want to subvert "due process" trying to get "due process".

While at my office I sent the following e-mail when my manager told me he would setup a meeting with HR to talk about "my dissatisfaction with my review" This is the FIRE! e-mail.:

**From:** WILLIAMS, EDWARD  
**Sent:** Friday, November 04, 2005 1:46 PM  
**To:** [REDACTED]  
**Subject:** Performance Appraisal

Hello All,

I have asked Mr. Magrogan to setup a meeting to discuss why I and consistently scored at Basic Contributor on this contract. I have been a Lockheed Martin employee since 1998 and a sub-contractor for two years prior to that, and have been consistently scored at or above High Contributor on all of my Performance Appraisals. I always perform my tasks according to the support of the United States Constitution.

I am asking for help from the people who have sworn to protect and defend the due process clauses of the United States Constitution to assist in correcting this problem. Let's please setup this conference as soon as we can to bring this to a close. Since I am working this weekend on the testing of applications related to the migration of servers at NCC I am out of the office now but will be available first thing Monday to resolve this matter. This is a very serious matter and should be treated as such. Thank you for you cooperation.

**Edward L. Williams Jr.**

**Environmental Protection Agency - Lockheed Martin**

Configuration Management/Quality Assurance/Test Lead

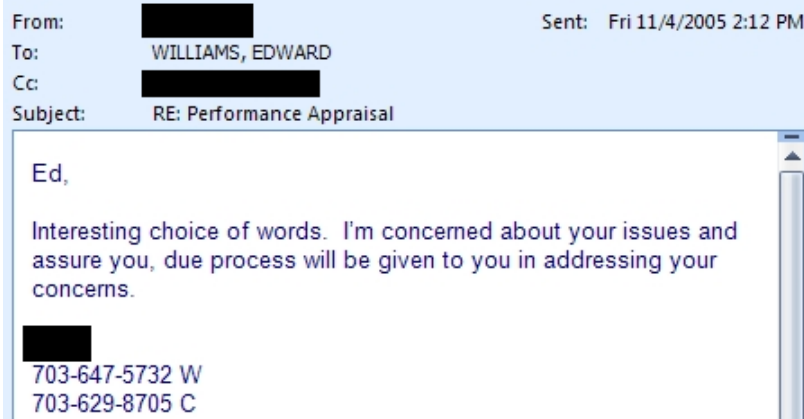
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443-413-6616 - Cell Phone

## Practical Applications

The Project Manager (white male) sent out the following e-mail less than 30 minutes after I sent out the initial e-mail. He immediately recognized the method and even made mention of how interesting the “choice of words” was that I used in the initial e-mail. Now is the time to get all of the people who should not be harmed out of harm’s way.



My manager did not respond via e-mail until the evening of the following day. Below is the e-mail he sent out.

-----Original Message-----

**From:** [redacted]  
**Sent:** Saturday, November 05, 2005 6:37 PM  
**To:** WILLIAMS, EDWARD; [redacted]  
**Subject:** RE: Performance Appraisal

Ed,  
I said I would set up the meeting as we discussed on Friday morning. [redacted] and [redacted] were 100% booked on Friday and I will not be back to the office until Thursday of this week. All ratings are being reviewed by HR and no PADR's will be finalized until the review is completed. I will let you know as soon as we can arrange a meeting. Please be patient. By the way, we follow Lockheed Martin Policy & Procedures on these matters.  
[redacted] CTO  
ITS-ESE Program  
703.647.5647

## How to Support and Defend the United States Constitution

My manager made mention of the fact that the company we worked for already has “policies and procedures” that we are to follow on these matters in the e-mail he sent.

Remember this from page 67? Instead of going through every policy and procedure we had not knowing if we had any that were recently distributed or not or if there were any Circulars or Memorandums that covered the situation. In understanding this I used it as part of Counter-Racism Jiu-Jitsu. I took an overall strategic position by using the United States Constitution. Policies, Procedures, Memorandums, Circulars, Regulations, Rules, can all be changed while you are on your way up the stairs to attend the meeting. The overall strategic position is to use the Constitution of the United States since all other Policies, Procedures, Memorandums, Circulars, Regulations, Rules (laws) fall under it. And the Constitution of the United States is not easily changed. Changing the United States Constitution takes an Act of Congress, literally. And also no person in the United States is exempt from the United States Constitution. It applies to everyone.

In response to my manager’s e-mail I sent the following e-mail and I was sure to copy all of the people who had the ability to solve the problem.

**From:** WILLIAMS, EDWARD  
**Sent:** Monday, November 07, 2005 2:55 PM  
**To:** [REDACTED]  
**Subject:** RE: Performance Appraisal

[REDACTED]

Does Lockheed Martin have any policies or procedures that are in direct conflict with the Constitution of the United States?

**Edward L. Williams Jr.**  
**Environmental Protection Agency - Lockheed Martin**  
Configuration Management/Quality Assurance/Test Lead  
Information Technology Services Environmental Systems Engineering  
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Before my manager had a chance to send a reply e-mail the Project Manager sent the following e-mail answering the critical question of whether the

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company we were working for had any policies or procedures that are in direct conflict with the United States Constitution.

-----Original Message-----

**From:** [REDACTED]  
**Sent:** Monday, November 07, 2005 3:07 PM  
**To:** WILLIAMS, EDWARD; [REDACTED]  
**Subject:** RE: Performance Appraisal

Ed, The answer is no. Is there something that would lead you to feel otherwise?

[REDACTED]  
703-647-5732 W  
703-629-8705 C

This is how it works. And if you'll notice I'm still in the **Inquiry** lane, asking questions and answering questions, very briefly, when asked of me. I sent the following e-mail to answer the question the Project Manager asked of me.

-----Original Message-----

**From:** WILLIAMS, EDWARD  
**Sent:** Monday, November 07, 2005 3:18 PM  
**To:** [REDACTED]  
**Subject:** RE: Performance Appraisal

[REDACTED] no sir. I want to make sure we were all attempting to make sure there is no subversion at Lockheed Martin.

**Edward L. Williams Jr.**  
**Environmental Protection Agency - Lockheed Martin**  
Configuration Management/Quality Assurance/Test Lead  
Information Technology Services Environmental Systems Engineering  
Contract  
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This e-mail basically tells the Project Manager that my focus is to find out if any laws have been broken and to do that the United States Constitution is what I'm using as a guideline since all laws come under that

## How to Support and Defend the United States Constitution

law. I'm basically asking the Project Manager if he has a problem with me supporting and defending the United States Constitution. Remember page 64 under Test Everything? For anyone to say that the company they work for has policies and/or procedures that are in direct conflict with the United States Constitution is like saying that you work for "Al Qaeda". Once the answer is "NO" that tells me I can keep using the United States Constitution. In other words if you are following any Policy, Procedure, Memorandum, Circular, Regulation, Rule or Law that is in direct conflict with the United States Constitution then you are following something that is outside the law, which makes you an outlaw. Counter-Racism, Counter-Racist Logic, Counter-Racist Codification, Counter-Racism Science and the use of Counter-Racism Jiu-Jitsu has as their purpose the same purpose of the United States Constitution, to establish justice.

We are three days into the process since I first yelled FIRE! and we have already begun the process of getting the people out of harm's way who should not be harmed. The Project Manager sent another e-mail.

-----Original Message-----

**From:** [REDACTED]  
**Sent:** Monday, November 07, 2005 4:19 PM  
**To:** WILLIAMS, EDWARD  
**Subject:** RE: Performance Appraisal

I need more information than what's been provided in this series of email exchanges. If you have some examples of mistreatment by management, I need them. I take your comments serious and want to address them in a timely manner. Thanks,

[REDACTED]  
703-647-5732 W  
703-629-8705 C

When I received this e-mail I made sure I responded as quickly as I could. He sent the e-mail while I was meeting with the HR Director. The HR Director (non-white female) called me on the phone and asked to meet with me in her office.

This is all part of the process of the management team trying to become smarter about what they are looking at. The HR Director, presumably, was tasked with talking to me to find out anything she could about me and about the process.

## Practical Applications

The HR Director began to talk to me about being new living in the city and whether or not I had been out to some of the hotspots and asked me what things I'd been involved in around town. I thought she was going to ask me out. And she was a very attractive lady. But I kept my composure and maintained my professionalism and remained focused on the primary objective...to produce justice. It wasn't easy but I got through it. She then pulled out a copy of the United States Constitution that had a lot of notes written on it. She began to thumb through it asking me questions about the process. I had not yet stated which specific parts of the United States Constitution but if you'll remember I stated that in the Offer Letter e-mail I sent (page 95). She began to ask me questions such as if I had my Jurist Doctor and other questions related to the process. I asked her since we were about to talk about the process if she mind if I recorded the conversation. I then took out an older model iPod with a microphone attached to it and my pad and pen. While taking out my recording device I told her that I was referring to the 5<sup>th</sup> and 14<sup>th</sup> Amendments of the United States Constitution. She immediately terminated the meeting. She got up from her chair and walked out and walked into the office of the Project Manager. I sat there for a few minutes and got up and went back to my office where I responded to the Project Manager's e-mail with the following;

-----Original message-----

**From:** WILLIAMS, EDWARD

**Sent:** Monday, November 07, 2005 5:27 PM

**To:** [REDACTED]

**Subject:** RE: Performance Appraisal

[REDACTED]

I appreciate your response. I've sent you one e-mail that has a concrete example of what I suspect is subversion of the due process clauses and equal protection clauses of the United States Constitution. I never got any feedback from that e-mail. I will send you more. I just got out of a meeting with [REDACTED] on this subject. I would like to start an investigation and I hope you will take the evidence from my investigation and with the evidence from your investigation we can find out if any laws are bring broken.

**Edward L. Williams Jr.**

**Environmental Protection Agency - Lockheed Martin**

Configuration Management/Quality Assurance/Test Lead

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## How to Support and Defend the United States Constitution

After the HR Director completed her discussion with the Project Manager he sent me the following e-mail;

-----Original Message-----

**From:** [REDACTED]  
**Sent:** Monday, November 07, 2005 5:36 PM  
**To:** WILLIAMS, EDWARD  
**Subject:** RE: Performance Appraisal

Ed,

I re-read your email to me where you claim subversion. I need to better understand more of the background of your claim. Can we discuss this in person? Thanks,

[REDACTED]  
703-647-5732 W  
703-629-8705 C

It appears the HR Director could not provide the Project Manager with anything of value so the Project Manager asked to meet with me to “better understand more of the background” of my claim.

No problem there. Sometimes these things take time. There is already a vast difference in resolution between Counter-Racism Jiu-Jitsu – One to Counter-Racism Jiu-Jitsu – Two. No problem. I took my time thought about, spoke about and put my plan of action in place so that I could accomplish my goal objective, just like the person attempting to understand the logic of how to jump off a mountain in New York and land is Los Angeles in less than 10 hours. You have to understand THE LOGIC of Counter-Racism in order to use Counter-Racism Jiu-Jitsu. So in talking about it I have to do what I can to help the Project Manager understand how a code is built, without talking specifically about Counter-Racism Codification. Keep in mind that no person should be mistreated, which is what justice is all about. And at the same time justice is all about making sure the person who needs help the most gets the most help. I’m the person who needs help the most but there are times when I have to help people so that they can help me. This was one of those times. There was something I

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noticed, just like in Counter-Racism Jiu-Jitsu – One my manager had become totally silent.

The following morning I sent the e-mail below to the Project Manager;

-----Original Message-----

**From:** WILLIAMS, EDWARD

**Sent:** Tuesday, November 08, 2005 7:35 AM

**To:** [REDACTED]

**Subject:** RE: Performance Appraisal

Yes sir. Should we wait for the meeting with [REDACTED] and [REDACTED]

**Edward L. Williams Jr.**

**Environmental Protection Agency - Lockheed Martin**

Configuration Management/Quality Assurance/Test Lead

Information Technology Services Environmental Systems Engineering

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703-647-5608 - Office Phone

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The Project Manager picked up the phone and called me and stated that he had some time to meet and asked me if I was available. I let him know that I was going to drop what I was doing and that I would be right up to his office and that there is nothing more important than supporting and defending the United States Constitution. I met with the Project Manager and helped him to understand how the 5<sup>th</sup> Amendment, “due process” meaning “doing things in the correct manner” and the 14<sup>th</sup> Amendment, “equal protection of the law” meaning whatever that is done for one person that is constructive and has a constructive outcome has to be done for others”.

For seven days I didn’t hear a word. I continued to work as I usually do performing my tasks. I didn’t get any new tasks. I found out the reason why my manager had become silent. He had been told not to talk to me. No problem there. No new tasks for a while. I had enough work to do without being given anything new. When it was time for my manager to perform the performance review that should’ve been performed the first time we sat in an office together with the Project Manager’s manager (white male) on speaker phone. My manager would ask him questions that he would ask me. If I had any questions I would ask them and my manager would ask the Project Manager’s manager if he could answer them. It was strange to say



## How to Support and Defend the United States Constitution

the least but these are the logistics when you start using the language correctly. If “due process” means “*doing things in the correct way*” and there is probable cause to believe someone may be doing things in an incorrect way and that is brought out in the open, then everyone begins to do things in the correct manner. No problem there. That is what people should do all the time, things in the correct manner. Not sure if you are aware of the complex logistics of software development but if you take a look at my e-mail signature you will see that I had been tasked to perform Lead responsibilities for Configuration Management, Quality Assurance and Testing. No one person can do all three with any great degree of success. You not only need three different people but you also need three teams of people. And what was I a Lead of? No one reported to me. These are the kinds of situations non-white people find themselves in all the time.

I sent the following e-mail to the Project Manager;

-----Original Message-----

**From:** WILLIAMS, EDWARD

**Sent:** Tuesday, November 15, 2005 2:50 PM

**To:** [REDACTED]

**Subject:** RE: Performance Appraisal

[REDACTED]

What is the path forward to solving this problem?

**Edward L. Williams Jr.**

**Environmental Protection Agency - Lockheed Martin**

Configuration Management/Quality Assurance/Test Lead

Information Technology Services Environmental Systems Engineering Contract

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The Project Manager responded with this e-mail;

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-----Original Message-----

**From:** [REDACTED]  
**Sent:** Tuesday, November 15, 2005 3:04 PM  
**To:** WILLIAMS, EDWARD  
**Subject:** RE: Performance Appraisal

All appraisals are being reviewed by management and HR for fairness, consistency, etc. [REDACTED] will be contacting you soon after she completes her review of your concerns and then you and I can get together to discuss where we need to go after you meet with [REDACTED]. I appreciate your continued professionalism throughout this management review period.

[REDACTED]  
703-647-5732 W  
703-629-8705 C

This is good news. It shows they are still going through the process of getting the people out of harm's way who should not be harmed. At the same time they are running a side Investigation gathering information that helps them to understand what they should do and what they shouldn't do. I later found out they contacted the Legal Department. No problem there. Everyone who had the duty to support and defend the United States Constitution should be involved if it helps to get the problem solved.

I sent the following e-mail;

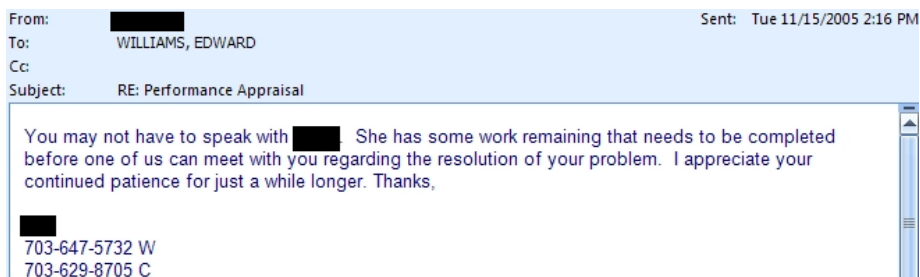
Subject: RE: Performance Appraisal

[REDACTED]  
Thank you for your response. I met with [REDACTED] concerning this matter on the 7<sup>th</sup> of November 2005. Is an additional meeting necessary with HR in order to get this problem resolved?

**Edward L. Williams Jr.**  
**Environmental Protection Agency - Lockheed Martin**  
Configuration Management/Quality Assurance/Test Lead  
Information Technology Services Environmental Systems Engineering Contract  
703-647-5608 - Office Phone  
443-413-6616 - Cell Phone

To which the Project Manager replied as follows;

## How to Support and Defend the United States Constitution



I noticed in the last couple of e-mails the Project Manager did not copy anyone else. This typically means there is a proposed solution but that it is not the right time to propose it.

Three days later I was called into a meeting with the Project Manager's manager and the HR Director. The Project Manager's manager explained that using the process that I did would not make me any friends in the company. He said he was aware of my work and when he saw the Basic Contributor rating that he was going to change it before any of this came up. He also suggested that I be moved under a new manager (white male) and be given an immediate increase in pay. And I would also be given a Merit Increase mid-year to help compensate me for what has transpired. I thanked him and the HR Director. The HR Director stated that she would call to meet with me the following day to provide me with the details. I left the room.

I was moved to only performing Configuration Management at that point. It was easier than attempting to run all three businesses on my own. I noticed that nothing was done against my manager. This was not a problem for me because of my definition of justice. Everybody was drinking the same Kool-Aid. What I mean by that is if the Project Manager's manager knew of my work why didn't he put an end to me performing the job of three or more people before I yelled FIRE! I never found out what information was obtained from the Legal Department but if I can judge by the sighs of relief that were made when I accepted the suggestion from the Project Manager's manager and the HR Director there is probable cause to believe that they were told to solve this before it went to court.

The SYSTEM of racism (white supremacy) is a "tragic arrangement". Not only are people being mistreated on the basis of color but the people who are being mistreated on the basis of color are being fooled into participating in their own mistreatment.

## Practical Applications

I could go on writing example after example but I will do two more that are a little different so that you will hopefully provide you with a better understanding of Counter-Racism Jiu-Jitsu and Counter-Racist Logic. The best part of following THE LOGIC is I did all of it without running back and forth to ask anyone else any questions. It was downright frightening at times even when THE LOGIC made sense. I just knew I was going to be fired after sending that initial e-mail. But I thought about it, and it really takes some thought, and put my plan of action place, and used corrective action when necessary, that allowed me to accomplish my goal objective.

## Counter-Racism Jiu-Jitsu - Three

This example of Counter-Racism Jiu-Jitsu is an example of already having the people on your job acclimated to the language.

I received the following e-mail from the HR Director approximately five months after Counter-Racism Jiu-Jitsu – Two;

-----Original Message-----

**From:** [REDACTED]  
**Sent:** Monday, March 06, 2006 6:09 PM  
**To:** WILLIAMS, EDWARD  
**Cc:** [REDACTED]  
**Subject:** Overpayment

Ed;

It has been brought to the Program Management office's attention that you may have received the wrong hourly rate in your weekly payroll. If you will, please review your **hourly pay rate** which is found at the **top of your current pay statement** and is called "**hourly vacation rate**"; Multiply the hourly rate by **2340** and you will yield your **annual salary**. If this amount is different from your current salary, you have been overpaid.

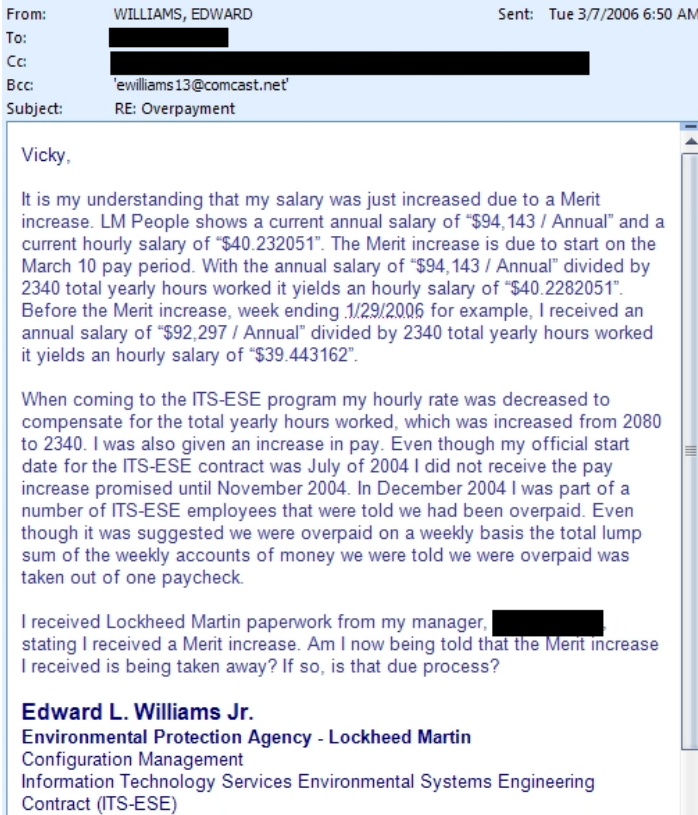
Ed, your **current annual salary is \$92,297** and your **hourly rate is \$39.44**. Please call me to further discuss.

Regards;

[REDACTED]  
Human Resources

I had been guaranteed a pay increase after Counter-Racism Jiu-Jitsu - Two, which I received, and I was also guaranteed a Merit Increase. It appeared as though someone was either not informed about the Merit Increase or had made a mistake. I proceeded to do my due diligence and sent the following e-mail the following morning;

## Practical Applications



You may notice different names on the Cc: list of this e-mail. As a result of Counter-Racism Jiu-Jitsu – Two, I have a new manager. The HR Director copied the Project Manager's manger on this e-mail but did not copy the Project Manager. There is something solving problems which compel people to understand that the people who have the greatest ability to solve problems should be included in the conversation. Remember talking about that force that takes over on the bottom of page 21? That force takes over.

I never heard anything back from anyone after sending that e-mail. We could've had more meetings to talk about whether or not someone was subverting me in my efforts to support and defend the United States Constitution but no meetings were called. And no money was taken out of my check. I carefully examined the money I was paid for the remaining of the fiscal year.

## Counter-Racism Jiu-Jitsu - Four

This example is how to let the person who is in the superior position use their strength while you use your understanding without ever mentioning the United States Constitution. I do this by staying in the **Inquiry** lane the whole the time. My manager had already become acclimated to the language by being involved in meetings that resulted in me getting the help that I needed when I needed it. Counter-Racism Jiu-Jitsu, if practiced correctly, not only ensures that you are not harmed but also ensures that you need when you need it. I mentioned before that I had weekly meetings with the manager that I had at that time. I continued that with my new manager as well. It was easier for him when providing his weekly status to include, in some regard, the weekly status of his direct reports. No problem there. One of the weekly topics was training. **Telling, Training, Testing**. I asked for training on a product that I had been asked to support in order to “do my job correctly”. My manager took my request to the Project Manager. I was then asked to justify paying for the training. Obviously doing my job correctly was not justification enough. So I went through the process.

I scheduled a meeting with my manager to discuss the training. During the meeting my manager talked about how tight money was on the contract. This is going to happen. I asked my manager four questions and before the meeting was over he was supplying me with justification for taking the training. The four questions were as follows;

- (1) *What is the purpose of the meeting?*
- (2) *Have you had a chance to look at the Agenda for the training?*
- (3) *If I were to attend the training do you have a list of things that you would want us to get out of the training that we could transfer the knowledge to the core administrators, the attributes being one of the things on that list?*
- (4) *Do you have a list of these things or should I be taking notes?*

I did not write down any questions prior to the meeting because I had done all of that before with my manager. Because I listen carefully and I had a good idea of where he would take the conversation I wrote a Counter-Racism Science experiment and got to work. During the meeting I listened carefully to his concerns, even the ones he didn't come right out and say. After the meeting I went to my office and typed up the list of things he gave me and sent them to him in an e-mail. There was nothing better than having

## Practical Applications

the list of things come directly from him because he knew we needed to have the knowledge from that list and could support it when other managers asked questions about the items on the list.

I took my time and let him use his superior position and his strength and I used my understanding. And I got the help I needed when I needed it without being harmed. That is what Counter-Racism is all about.

You can listen to the audio of this meeting on Counter-Racism.com at the following address;

<http://www.counter-racism.com/files/me-and-my-manager.mp3>

I also strongly urge you to listen to the audio set sent me down the path where I discovered Counter-Racism Jiu-Jitsu. You can listen to it on the Counter-Racism.com website at the following address;

[http://www.counter-racism.com/files/c-r\\_on\\_the\\_job.mp3](http://www.counter-racism.com/files/c-r_on_the_job.mp3)